

Happy New Year!

POLAR BEAR PLUNGE  
Saturday, January 1  
Causeway Island B  
Registration 11:30 a.m.  
Plunge at noon



# Island Sun

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VOL. 29, NO. 27

SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 31, 2021

DECEMBER/JANUARY SUNRISE/SUNSET: 31 7:16 • 5:46 1 7:16 • 5:47 2 7:17 • 5:48 3 7:17 • 5:48 4 7:17 • 5:49 5 7:17 • 5:50 6 7:18 • 5:51

## Sunset Cruise With Brooklyn Soul

Ryan Scott, a Brooklyn-based guitarist and soul singer, will be the featured musical artist for the Sanibel-Captiva Conservation Foundation (SCCF) Pine Island Sounds sunset concert cruise on Sunday, January 16.

Scott's music embodies rock 'n' roll and soul, influenced by the blues-rock guitar lineage, New York's jazz tradition, New Orleans R&B and Brazilian psychedelia. He is known for his mastery of technique, groove and aesthetic. He delivers freshly crafted tunes and wildly energetic live performances.

Guests will board the *Lady Chadwick* for an on-the-water musical sunset cruise while supporting SCCF's research and programs to protect local water quality. This is the third cruise of the series.

"I am excited to bring talent like Ryan Scott to our intimate show," said Pine Island Sounds Producer Jeff Siwicke. "I know everyone will be a fan after listening to his newest album, *A Freak Grows in Brooklyn* – the guy is a master and just



Ryan Scott

photo provided

fun to watch."

The cruise is presented in partnership with the Marcums and Captiva Cruises, sailing from 4 to 6 p.m. from McCarthy's

continued on page 2



Volunteers placing rebar just off the shoreline as part of the installation photo provided

## Living Shoreline Project Complete

submitted by Kealy McNeal,  
SCCF Marine Science Educator

Mangrove wetland habitats lining Southwest Florida's coastlines are highly effective in diminishing wave action and damage from high winds. They

also trap pollutants and provide crucial habitat for a host of sea life, including the endangered smalltooth sawfish (*Pristis pectinata*). When biologists notice areas of mangrove-covered shorelines disappearing from erosion, it is a cause for serious concern. Nearly 18 months ago, a Dutch marine biologist contacted Sanibel-Captiva Conservation Foundation (SCCF) about designing, funding and installing a pilot

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## Reserve Early For CROW Fundraiser

Tickets are on sale for the Clinic for the Rehabilitation of Wildlife (CROW) fundraiser, Wild About CROW, slated for Saturday, January 15 from 6:15 to 9:30 p.m. at the historic Burroughs Home and Gardens in downtown Fort Myers.

Edison National Bank is the Golden - Bald Eagle sponsor for the animal print attire-optinal evening, which will feature a sit-down dinner, appearances by CROW's animal ambassadors and plenty of surprises for guests to show they are wild about CROW. Themed animal print masks will be provided and tables will be socially distanced. There will be a live auction sponsored by Spivey Law Firm and music by Southwest Florida native DJ Robert McDonald from New Beginnings Events, sponsored by Superior Title.

"This year, CROW has admitted over 6,000 wildlife patients and only 20 percent come from Sanibel and Captiva islands, where we are located," says Alison Charney Hussey, executive director



CROW volunteer Shelli Albright with Gigi, the Virginia opossum photo provided

of CROW. "The other 80 percent come from throughout Lee County, which is why we are very excited to be hosting this event off island for the community to learn more about CROW's work and show their continued on page 10

## Gala To Mark 95th Anniversary



The newly constructed Community House as it appeared in 1927

photo provided

submitted by Tom Sharbaugh

to say, "Cheers to 95 years!"

In many ways, the opening of The Community House in 1927 was the real beginning of "community" for Sanibel. Before it opened, the farmers and fishermen who lived here were scattered about the island in small, modest homes, and connection with others was difficult. Seeing a need for a place they could congregate, they pooled their resources

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## Community House Calendar

The Community House Arts and Crafts Show returns on Sunday, January 2 from 9 a.m. to 2 p.m. There is no charge for admission or parking.

Oil Painting with Suzette will be offered on Monday, January 3 from 9:30 to 11:30 a.m. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.

Letting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The subject for the January 4 class is the junonia. Cost per class is \$35 for members and \$40 for guests. Register online at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155. Watercolor rental kits are available for \$10.

The next on site paper shredding event is Saturday, January 8 from 9 a.m. to noon. Cost is \$5 per bag or box.

A Night in New England is the theme for the community social on Wednesday, January 12. RSVP is required at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or 472-2155. Cost is \$25 for members and \$30 for non-member. Pick up meals from 5 to 6 p.m. or dine in beginning at 6 p.m.

Art Fest is coming Friday and Saturday, January 14 and 15 from 9 a.m. to 3 p.m. This event will be held

outside and a \$5 donation is required.

Kid's Cooking classes are held on the third Sunday of the month from 1 to 3 p.m. The next class will be held on January 16. Cost is \$30. Reservations are required.

Cheers to 95 Years! is the theme for The Community House 95th Anniversary Celebration on Tuesday, January 18 beginning at 6 p.m. Tickets are available at \$175 per person and include a four-course meal, music and live auction. Dress code is casual with a request to wear white in honor of the anniversary. RSVP to [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend the class; supplies range between \$3 and \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing resumes on January 4 and is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays

from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club resumes play in January and meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Sanibel-Captiva Art League is exhibiting works by artists Nancy Sperte and Vreni Scheu for the month of January. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net).

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at [office@sanibelcommunityhouse.net](mailto:office@sanibelcommunityhouse.net) if you are interested in sponsoring either of these programs.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House will be closed on New Year's Eve and New Year's Day.

The Community House is located at 2173 Periwinkle Way. Visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155. CDC guidelines are being followed.\*\*

## City Of Sanibel Holiday Closings

City of Sanibel administrative offices will be closed on Thursday and Friday, December 30 and 31 for the New Year holiday. Regular hours will resume on Monday, January 3.

Refuse, recycling and vegetation waste collection by Advanced Disposal Services regularly scheduled for Saturday, January 1 (New Year's Day) will be collected two days later. If your regularly scheduled day for waste collection is Saturday, January 1, it will now be collected on Monday, January 3. If you have any questions, call Advanced Disposal at 334-1224.

The Sanibel Recreation Center will be closed on New Year's Eve and New Year's Day, Friday and Saturday, December 31 and January 1. Regular operating hours will resume on Monday, January 3.

Center 4 Life/Civic Center is currently closed due to COVID-19.\*\*

From page 1

## Sunset Cruise

Marina on Captiva. Tickets are \$100 and include first drinks provided by Jack and Janie, a cash bar and complimentary snack boxes from Catering by Leslie Adams. The fourth and final cruise of the season will be held on Sunday, February 13. Tickets for both cruises are on sale, but space is limited. Reserve at <https://pineislandsounds.eventbrite.com>.\*\*

# New Year's Resolution...

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Two 1968 Oldsmobiles 4-4-2s

photos provided

## New Year's Day Cars And Coffee Cruise-In

**R**ing in the new year at the San Cap Motor Club Cars and Coffee Cruise-In this Saturday, January 1 from 9 to 11 a.m. at Periwinkle Place. All are welcome to bring out their classic or vintage models, hot rods, muscle cars or motorcycles. No pre-registration is necessary for vehicle owners. All vehicles welcome.

A continental breakfast with donuts, coffee and other refreshments will be provided by The Blue Giraffe Restaurant of Periwinkle Place.

Membership dues for the season are \$50 per individual or \$75 per couple or family. A membership includes one new club T-shirt. Members gather on the first Saturday of the month for the cruise-in, and on the second Tuesday for dinner.

For more information, call Scot Congress at 472-4177 or email scot@scongress.com. ☀



1957 Chevy



1964 Mustang

## Audubon Bird Walks Resume New Year's Day

**T**he Sanibel-Captiva Audubon Society is resuming in person bird walks this season. The first walk will be held on Saturday, January 1 at 9 a.m. on Wildlife Drive at JN "Ding" Darling National Wildlife Refuge. Meet in the overflow parking lot on the left side as you enter the refuge. COVID-19 protocols will be followed with mask requirements and social distancing, at least for the first walk.

The following walks will start at 8 a.m.:

January 8, Pond Apple Trail

- January 15, Bunche Beach
  - January 22, Harns Marsh
  - January 29, Bunche Beach
  - February 5, Bailey Tract
  - February 12, JN "Ding" Darling National Wildlife Refuge
  - February 19, Pond Apple Trail
  - February 26, JN "Ding" Darling National Wildlife Refuge
  - March 5, Harns Marsh
  - March 12, JN "Ding" Darling National Wildlife Refuge
  - March 19, Bailey Tract
  - March 26, JN "Ding" Darling National Wildlife Refuge
  - April 2, Lakes Park
  - April 9, Lighthouse Beach Park
- Visit [www.san-capaudubon.org](http://www.san-capaudubon.org) for more information, including directions to each site. ☀

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Bayview Hotel

Captiva Island Historical Society

## Looking Back: Bayview Hotel

This week's image shows guests on the porch of the Bayview Hotel, pre-1940.

The History Gallery, developed by the Captiva Island Historical Society, features many

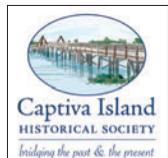


photo courtesy Captiva Island Historical Society Archives

photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at [www.captivaislandhistoricalsociety.org/archives/research](http://www.captivaislandhistoricalsociety.org/archives/research) to view many more images to bring you closer to Captiva.\*\*

# Happy New Year 2022

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Readers Poll 2000-2021  
Best Craft & Gift Shop 2015

## Churches/Temples

### BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading at 7:30 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email [batyamsanibel@gmail.com](mailto:batyamsanibel@gmail.com) for links to services and information, 2050 Periwinkle Way.

### CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, [www.captivachapel.com](http://www.captivachapel.com) and [www.facebook.com/Captiva-Chapel-By-The-Sea](https://www.facebook.com/Captiva-Chapel-By-The-Sea). 11580 Chapin Lane, Captiva, 472-1646.

### CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact [ChavuratShalom@gmail.com](mailto:ChavuratShalom@gmail.com) to participate on Zoom.

### FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

### SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in

the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at [www.sanibelchurch.com](http://www.sanibelchurch.com). Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.

Email changes to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.\*\*

# DO YOU KNOW YOUR BIRTHSHELL?

**January: The Auger Shell, Garnet** The Auger shell is a cool healing shell that invokes calm and is closely connected to water energies. It is also characterized by confidence, strength and clarity. Those born to the auger are known to have extraordinary self-awareness and are seen as very intuitive individuals, empowered with strength, loyalty and known to foster lifelong friendships.

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## What's Happening At The House

### MONDAYS

- 9:30 am Oil Painting w/ Suzette
- 10 am Shell Crafter Lesson, Limited Seating
- 2:30 pm Kids 1st Monday Cooking Class

### MONDAYS, WEDNESDAYS & FRIDAYS

- 9 & 10:30 am Aerobics w/ Mahnaz
- TUESDAYS**
- 9:30 am Letting Loose w/ Watercolor by Anita
- 12:30 pm Social Bridge
- 1 pm Line Dancing w/ Marie

### WEDNESDAYS

- 10 am Current Events
- 1 pm Painting w/ Friends

### THURSDAYS

- 1 pm Chair Stretching w/ Mahnaz

### FRIDAYS

- 1 pm Hearts Card Club

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The Community House  
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**(239) 472-2155**

email [info@sanibelcommunityhouse.net](mailto:info@sanibelcommunityhouse.net)  
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"To enrich community spirit through educational, cultural and social gatherings in our historic Community House."  
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## Ornament Collection On Display At Village

**S**anibel Historical Museum and Village has displays in each of its buildings that detail historical timelines.

"The village is extremely grateful to the Johnsons, who have generously donated the Bailey's Store's collection of ornaments," said Emilie Alfino, executive director. These ornaments are currently displayed in Shore Haven.

"I had the opportunity recently to meet with Richard Johnson of the Bailey General Store to discuss the creation of the Bailey's ornament collection and how each ornament is an icon portraying some significant aspect of the Bailey store's history, which has always been run as a family-owned business," said Celina Kersh Monte-Sano, historical village board member.

The idea for starting the collection began in 2009 with Pat Kiely, a longtime ornament collector, who has worked alongside the Johnson family



Bailey's ornaments photo provided

at the store for years. She oversees the selection and creation of each new ornament with input from the Johnson family. The ornaments are manufactured by Charleston Mint.

There are some ornaments still



Nancy Sperte



Audrey Otto with one of her works

## Art League Member Exhibit

**T**he Community House is exhibiting works by Sanibel-Captiva Art League members Nancy Sperte and

Audrey Otto for the month of January. Viewing hours are 9 a.m. to 3 p.m. Monday through Friday. A virtual show is available at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net).

The Community House is located at 2173 Periwinkle Way on Sanibel.\*\*

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available from past years for sale at Bailey's: the clock at the exit of the current Bailey's store, a shopping cart that was chosen for its eco-friendliness, and the 150-year anniversary of The Island Store on Captiva. The 2021 ornament is a replica of the Island Cinema marquee with the message, "Thanks for rolling with us all these years." The long-term plan for the Johnson family is to continue the tradition of selling this limited collection of ornaments each year.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks are required inside the buildings. Guided tours will resume in January. They will take place at 10:30 a.m. and 1:30 p.m. and advance reservations are not required. There is no additional fee for these tours.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over age 18; no charge for members and children. There is handicap access to all but one building. For more information, call 472-4648 during museum hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).\*\*

## Scholarship Opportunities For Student Musicians

**A**fter a two-season hiatus caused by the pandemic, two important music scholarship and awards competitions have been scheduled. The SWFL Symphony Society organizes the auditions for student musicians for the Marilyn Van Sickle Vocal Competition Scholarships and the Jillian Prescott Music Awards.

On Saturday, February 5, student vocalists will audition for two four-year scholarships from the Joseph L. & Marilyn Van Sickle Vocal Music Scholarship Fund. One award of \$3,000, and one award of \$2,000 will be given to the top performers auditioning. Open to high school seniors, college students and graduate students, each vocalist must prepare a 10-minute selection of music to present. The judges have been selected for their extensive experience in vocal teaching, performing and conducting. Applications must be received by Friday, January 21 to be included in the audition schedule.

Young musicians in keyboard, strings, woodwind and brass, percussion and voice are invited to audition for nearly \$10,000 in cash awards on Saturday, April 16 at the Bower School of Music at Florida Gulf Coast University (FGCU). The Jillian Prescott Memorial Music Fund sponsors this award program that includes the five music disciplines in two age categories. Students age 12 to 17 and age 18 to 22 compete for top place in each category and each age group, with an overall award of \$1,800. Applications for this competition must be received by April 8.

For more information and application forms, visit [www.swflso.org/symphony-society-scholarships-competitions](http://www.swflso.org/symphony-society-scholarships-competitions) or email [symphonysociety@swflso.org](mailto:symphonysociety@swflso.org).\*\*

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Volunteers at the installation site along Woodring Road

photos provided

From page 1

## Living Shoreline

project on Sanibel to protect mangroves threatened by erosion. This project, completely funded by the Dutch government, will provide an alternative to concrete and riprap, which often lead to additional mangrove loss.

The Netherlands-based company, BESE Products, uses a biodegradable habitat restoration structure made from the production waste of potato chips and french fries. The waste is collected in the Netherlands and sent to Germany, where it is manufactured into a 3D lattice that helps deposit sediment and can protect mangrove seedlings along high-energy shorelines, such as those along Woodring Road. The goal of this project is to protect the mangroves along Woodring Road, a stretch of Sanibel's shoreline that has been gradually disappearing over the past few decades.

Local volunteers spent several hours

helping prepare these elements for installation. Hundreds of biodegradable sheets needed to be snapped together to form the completed structures. Volunteers also attached thousands of oysters shells to the structures to promote oyster attachment and growth. Volunteers handily completed this tedious task.

On installation day, December 20, the BESE structures were placed with rebar just off the shoreline along Woodring Road. With the assistance of 15 volunteers planting mangroves, hammering rebar, and transporting the material to the project site, the installation was completed in two hours. The newly installed temporary structures will allow a surface for oysters to start forming a reef and protect the mangroves from high wave action. The BESE structures are expected to last up to five years and leave behind an established oyster and mangrove habitat. If successful, this will be a positive alternative for future restoration projects.\*\*



The biodegradable structures are expected to last up to five years

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f t p i



Robbie and Geoff Roepstorff of Edison National Bank presenting their sponsor check to Alison Charney Hussey, CROW executive director, center  
photos provided

From page 1

## CROW Fundraiser

support for native and migratory wildlife."

Tickets are \$150 per person through the end of 2021. On January 1, the price will increase to \$175 per person. Guests also have the option to purchase a table as an "Awesome Opossum" host and bring seven of their friends

or colleagues for \$1,750. The host sponsors will receive entry for two for the Virginia Opossum VIP reception inside The Burroughs Home before the event with a meet and greet with two of CROW's animal ambassadors: Mina, the great horned owl; and Sydney, the American alligator.

Tickets and host tables can be purchased online at <https://bit.ly/WildAboutCROW>. Event sponsors also



The Burroughs Home

include Northern Trust as a Bronze Bobcat sponsor, Scanlon Auto Group as the Southern Black Racer Valet sponsor and Waterman Broadcasting as the Spoonbill Media sponsor. For more information on becoming a sponsor, contact Lori Cook-North at [lori@eventfulinc.com](mailto:lori@eventfulinc.com).

Established in 1968, the Clinic for the Rehabilitation of Wildlife (CROW) is a teaching hospital saving the sick, injured and orphaned native and migratory wildlife of Southwest Florida

and beyond. Through state-of-the-art veterinary care, public education programs and visitor center, CROW works to improve the health of the environment, humans and animals through wildlife medicine. For more information, or to plan your visit, go to [www.crowclinic.org](http://www.crowclinic.org). If you find an animal that is in need of help, call 472-3644 ext. 222.

The Burroughs Home and Gardens is located at 2505 First Street in downtown Fort Myers.\*\*

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 The interior of the Coco y Cabana boutique features a wooden floor and ceiling. In the background, there are several clothing racks with various garments. In the foreground, a round wooden table is covered with a white cloth and holds several small, colorful pouches or bags, some labeled "STUFF". There are also some folded items of clothing on the table.

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Official Witness and Interviewer for Steven Spielberg's Shoah Project
- January 27 - Thursday at 11:00 a.m.**  
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- The City has identified a new Police Headquarters as the City's most pressing facility need.
- A new stand-alone building has been chosen as the best option.
- The City-owned site next to the fire station fronting Palm Ridge Road, containing an obsolete building planned for demolition, should be strongly considered for the new Police Headquarters site for the following reasons:
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**The adjacent former SanCap Bank building would make an excellent City Hall Annex for departments that are currently overcrowded and/or benefit from proximity to the Police Department.**

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---

## Fishing Club To Hear Latest On Water Quality

The Sanibel Island Fishing Club will be holding its first monthly meeting of the new year on Tuesday, January 11 in the north room of The Community House. The meeting gets under way at 6:30 p.m. with a half-hour social and the presentation begins at 7 p.m. There is no admission charge and the angling public is invited to attend. Refreshments will be available at a nominal charge. The City of Sanibel requires that everyone inside The Community House wears a mask and vaccinations are recommended.

This month's speaker is James Evans, the new CEO of Sanibel-Captiva Conservation Foundation (SCCF). Evans was formerly the director of natural resources for the City of Sanibel. He has extensive experience in all SCCF program areas, with particular expertise in water quality research and policy, habitat management and environmental education.

Evans will bring the club up to date on what is currently happening with the new Lake Okeechobee release schedules announced recently by the Army Corp of Engineers. With water quality being of utmost importance to anglers throughout Southwest Florida, this presentation should be of interest to



James Evans

photo provided

everyone who fishes in local waters.

Following the presentation, there will be a question and answer period.

If you are interested in becoming a member of the Sanibel Island Fishing Club, stop by and see what the organization is all about. For more information and club members' fish recipes, visit [www.sanibelislandfishingclub.com](http://www.sanibelislandfishingclub.com).

The Community House is located at 2173 Periwinkle Way on Sanibel.\*\*

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Plant Smart

## Princess-Of-The-Night

by Gerri Reaves

Princess-of-the-night (*Selenicereus pteranthus*) is native to Mexico -- and possibly Central America. It easily spreads to coastal hammocks, conservation areas and disturbed sites, earning it "naturalized" status in Florida.

If you'd like to cultivate this exotic bloom, keep it as a container plant and don't let it escape.

This species creeps and climbs vine-like on trees and other platforms, creating thick tangles of spiny stems and earning it another common name, snake cactus.

The four- or five-angled ridged stems bear numerous whitish tufts of hair with cone-shaped spines.

The bluish green to purple stems can be two or more inches thick and sometimes have aerial roots, giving the plant an epiphytic rather than a terrestrial habit.

Like its night-blooming cactus relatives, this species produces notably large fragrant blooms that can be up to a foot long and almost as broad.

The first term in the binomial contains selene, the Greek for goddess of the moon. That's a reference to the nocturnal flowers that bloom throughout the year.

Their numerous stamens and whitish petals give the buds a feathery look. Outer tepals are narrow and brownish, reddish, or purplish.

The cactus produces round red fruit about three inches long.

Sources: 500 Plants of South Florida by Julia F. Morton and [www.efloras.org](http://www.efloras.org).

Plant Smart explores the diverse flora of South Florida.\*\*



A tangle of princess-of-the-night's closed reddish flowers  
photo by Gerri Reaves

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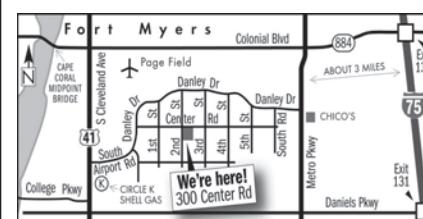
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Christmas Bird Counts are conducted from mid-December through early January  
photo by Shane Antalick

## Audubon Society Christmas Bird Count Results

submitted by Bill Jacobson

The Sanibel-Captiva Audubon Society conducted its annual Christmas Bird Count on December 18. There were 108

participants who counted a total of 10,869 birds comprised of 96 different species. The results of the Sanibel-Captiva count will be reported to the National Audubon Society and will become part of the 122nd Audubon Christmas Bird Count (CBC).

The overall count was below average. Warm temperatures up north, which may have delayed migrations, could have played a part in very low count totals for warblers and tree swallows.



Results from the Sanibel-Captiva bird count will become part of the 122nd Audubon Christmas Bird Count  
photo by Audrey Albrecht

Laughing gull and brown pelican counts were also lower than normal, possibly for the same reason.

Audubon Christmas Bird Counts are conducted throughout much of the Western Hemisphere from mid-December through early January. The CBC is a fertile source of historical information on the status and distribution of early winter bird populations and is studied by scientists and interested individuals the world over.

Members of the Sanibel-Captiva Audubon Society sincerely thank all those who took part in this year's successful Christmas Bird Count. Many thanks also to Sanibel-Captiva Conservation Foundation for their count support and JN "Ding" Darling National Wildlife Refuge for their count contributions and continued support.

For more information about the Sanibel-Captiva Audubon Society, visit [www.san-capaudubon.org](http://www.san-capaudubon.org).

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The January ABC class will be an in-person class held at the Sanibel Library. The class will run Thursday, January 13th, 2022 from 6:00 pm to 9:30 pm and Saturday, January 22nd from 9:30 am to 3:30 pm. Cost will be \$75. Included will be an educational sunset cruise to experience navigating San Carlos Bay in daylight and after dark. Interested persons should pre-register for the course by going to [www.sancapboating.club](http://www.sancapboating.club). Click on Education at the top and follow the prompts to the 13Jan22 ABC3 class.

Contact Robert Orr lead instructor at (239) 579-0139 or email [Robert.orr1663@comcast.net](mailto:Robert.orr1663@comcast.net)



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## Tropical Christmas



by Capt.  
Matt Mitchell

**C**hristmas week turned out to be yet another fabulous week on the water. After what was a brief cool down a few days before the holiday, temperatures

along with great fishing action quickly rebounded. As guides we refer to the week between Christmas and New Year's Day as "Hell Week" because it's quite possibly the busiest week of the year.

Day time low tides proved the set up to fish deeper mangrove channels for snook. Clients did manage a few bigger snook though most of the action came on fish in the 20- to 25-inch range. The last few hours of the outgoing tide brought the best bite on the larger fish. With the tide being so low, these larger fish often ate right in the middle of narrow channels. One real surprise while snook fishing this week was a 24-inch sea trout we caught. This is the largest trout I have seen caught in a long time.

Dock fishing around the sound and the passes provided clients with a few real quality redfish. This bite was best on pinfish rigged with a split shot to get the bait down by the bottom. Although this proved to be more of a patience



Izzy from Chicago got in on the Christmas week action with a quality redfish

photo provided

bite than my usual snook action, some of these redfish were pushing 30 inches. This action was also best during the lower tide periods either outgoing or incoming as long as the water was moving.

Deeper creeks in JN "Ding" Darling National Wildlife Refuge did give up a few legal-sized sheepshead this week while fishing with shrimp on a jig head. Although this action was fast-paced, the

average size of these sheepshead was smaller than the minimum size. Even with water temperatures falling briefly into the mid 60s, it was still not cold enough to really fire off this fishery. Last year, our best spawning sheepshead fishing did not happen until mid-February and was done by mid-March.

Patience was the key word while out fishing during Christmas week. With so many boats on the water, it was tough at

times to get away from the crowds. Even when you did, often there is no courtesy as boats will run right by you while you are fishing. Going into season, this is just something you have to deal with, and getting angry is a waste of time. Most of the time, this behavior is not malicious, it's just lack of common boating sense. Unfortunately, this will happen more and more as more novice boaters head out on the water. Try to give anyone actively fishing a wide birth.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\**

## Top 10 Books On The Island

1. *The Lincoln Highway* by Amor Towles
  2. *The Lost Apothecary* by Sarah Penner
  3. *Float Plan* by Trish Doller
  4. *The Vanishing Half* by Brit Bennett
  5. *Fox and I* by Catherine Raven
  6. *Atlas of the Heart* by Brene Brown
  7. *Once Upon a Wardrobe* by Patti Callahan
  8. *For Whom the Shell Tolls* by Jennifer Schiff
  9. *The Love Songs of WEB DuBois* by Honoree Fannone Jeffers
  10. *All the Little Hopes* by Leah Weiss
- Courtesy MacIntosh Books and Paper.\*

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Dave Doane with his co-worker Jesse

## CROW Case Of The Week:

**Osprey**

by Bob Petcher



**T**he osprey (*Pandion haliaetus*) is a large hawk that resides and lingers around nearly any body of water. Regarded as a great angler, this raptor has a unique diet of live fish and will dive with feet outstretched into the water to catch them.

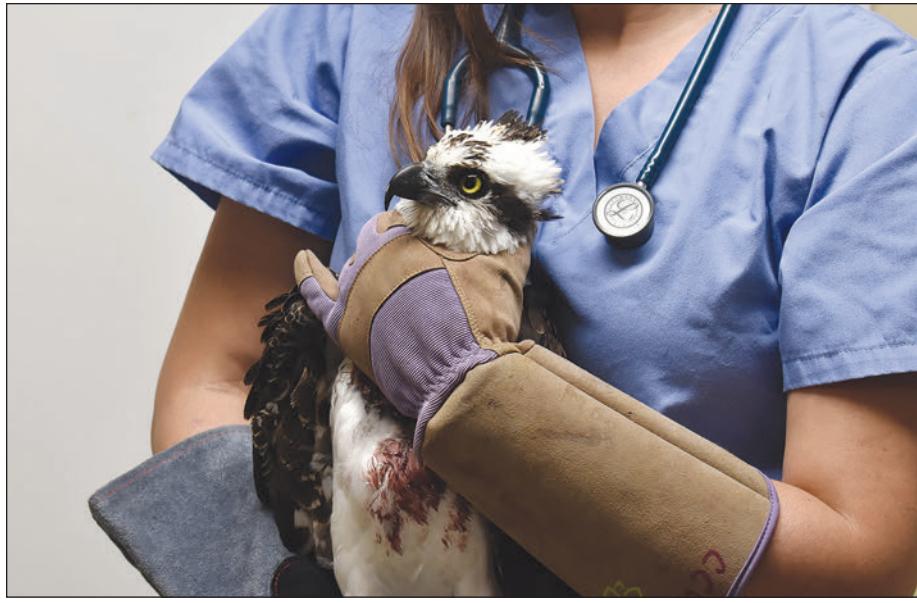
The osprey is smaller and more slender than a bald eagle. It is whiter in color than most raptors, especially in the chest and head areas.

At CROW, an adult female osprey was admitted from Cape Coral with blood-stained feathers. Upon initial examination, veterinarians found a wound in the upper left chest. The injury turned out to be a gunshot wound, and x-rays confirmed a pellet was lodged in the patient's chest.

"The osprey was found near a road, however, she likely may have traveled from the location where she was shot, so it is not possible to say for sure where the incident took place," said Dr. Charlotte Cournoyer, CROW veterinary intern. "We are not forensic scientists, but based on the wound location, it is likely she was shot while flying or from

## FRESH FARE

## FUN DRINKS



Patient #21-6249 was released on Christmas Day

photo by Haillie Mesics

above."

It appears the patient will have a "souvenir" for the rest of its life.

"The pellet entered near the shoulder and lodged itself between the keel – equivalent to sternum – and heart. Amazingly, it missed the heart and the major vessels surrounding, and did not fracture any bones," said Dr. Cournoyer. "Due to the location, it is not possible to remove the pellet."

Luckily for the patient, the pellet did not hit any vital organs, and the patient appears to be doing great considering the circumstances. The wound was

flushed and bandaged.

"We have been monitoring the entry wound for infection and treating with antibiotics, but the wound is healing very well," said Dr. Cournoyer. "The patient is bright, alert, standing and eating on its own."

A tail guard was placed on the osprey for preventive reasons.

"The tail guard is used to protect the tail from damage while the patient is in a cage. The tail feathers, or retrices, are incredibly important for steering when flying and if they were to break off, then the patient's rehabilitation process would

be extended," said Dr. Cournoyer.

The osprey's wings appear to be unscathed and functioning well.

"The wing does not seem to be affected as range of motion is normal, and she is holding this wing in a normal position," stated Dr. Cournoyer. "We performed daily bandage changes on the wound until it closed over, then continued to monitor for abscess formation, which did not occur."

The osprey was given pain medication and antibiotics, and it was monitored under supportive care. Dr. Laura Kellow, another CROW veterinary intern, reported that the patient was still eating well on her own, passed flight testing and, after only five days of being at the clinic, was released.

"The process of rehabilitation and flight conditioning is unique to each patient and their underlying injury. Luckily for this osprey, she was doing so well and flying readily and easily that on Christmas, she was released by the veterinarian who performed her triage exam and she was immediately joined by a male osprey in the sky on release," Dr. Kellow said. "The perfect Christmas present for both her and us."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).\*\*

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## Workshops At BIG ARTS

**B**IG ARTS offers a variety of workshops with experienced instructors. The schedule is:

Drawing from Photographic References with Francesco Gillia – Tuesdays, January 4 to 25, 9:30 a.m. to noon. Donor: \$135; nondonor: \$169.

Pastels with Mary Klunk – Tuesdays, January 4 to 25, 9:30 a.m. to noon. Donor: \$120; nondonor: \$150.

Glass Fusing with Petra Kaiser – Wednesdays, January 5 to 26, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, January 6 to 27, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124. Photography for Beginners with Denny Souers – Thursdays, January 6 to 27, 9 a.m. to noon. Donor: \$111; nondonor: \$139.

The Perennial Philosophy: Catching a Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Niehoff – Mondays, January 10 to 24, 9 to 10:30 a.m. Donor: \$80; nondonor: \$100.

Watercolor Painting with Sunny Krchmar – Wednesdays, January 14 to 28, 9 a.m. to noon. Member: \$156; nonmember: \$195.

Paint Your Own: Pineapple Beach Bag with Sunny Krchmar – Friday, January 14, 1 to 3 p.m. Donor: \$60; nondonor: \$75.

Drawing Basics with Douglas David

– Saturday, January 15, 9:30 a.m. to 3:30 p.m. Donor: \$135; nondonor: \$169.

Ode to Beethoven – The Man Behind the Music with Anette Isaacs – Saturday, January 15, 10 to 11:30 a.m. Donor: \$23; nondonor: \$29.

Greeting Card Class with Donna Lee Cole – Wednesday, January 19, 9 a.m. to noon. Donor: \$25; nondonor: \$32.

Friday with Francesco: Colored Pencils & Pastels on Toned Paper – Friday, January 21, 9:30 a.m. to 3 p.m. Donor: \$110; nondonor: \$138.

Hand Painted Wine Bottle, Coastal Theme with Lights, Shells and Embellishments with Jenny Licht – Saturday, January 22, 9 a.m. to noon. Donor: \$75; nondonor: \$94.

Paint Seascapes in Oil with Douglas David – Monday and Tuesday, January 24 and 25, 9:30 a.m. to 3 p.m. Donor: \$265; nondonor: \$332.

The Joy of Writing with Vicki Lettmann – Mondays, January 24 to 28, 9:30 to 11:30 a.m. Donor: \$110; nondonor: \$138.

Zentangle (beginners only class) with Donna Lee Cole – Wednesday, January 26, 9:30 to 11:30 a.m. Donor: \$25; nondonor: \$32.

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Watercolor Painting with Sunny Krchmar – Wednesdays, February 2 to 16,

9 a.m. to noon. Donor: \$156; nondonor: \$195.

Glass Fusing with Petra Kaiser – Wednesdays, February 2 to 23, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Holiday Card Making Class with Sunny Krchmar – Wednesday, February 2, 1 to 3 p.m. Donor: \$40; nondonor: \$50

Glass Fusing with Petra Kaiser – Thursdays, February 3 to 24, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Intermediate Photography with Denny Souers – Thursdays, February 3 to 24, 9 a.m. to noon. Donor: \$111; nondonor: \$139.

Greeting Card Class with Donna Lee Cole – Friday, February 4, 9 a.m. to noon. Donor: \$25; nondonor: \$32.

TAMPERING WITH IDOLS: When Thinking About What IS Gets Locked In a Box Labeled “-ISM” with Ran Niehoff – Fridays, February 4 to 18, 9 to 11 a.m. Donor: \$80; nondonor: \$100.

Lidded Basket with Gisela Damandl – Monday and Tuesday, February 7 and 8, 9 a.m. to 4 p.m. Donor: \$121; nondonor: \$151.

Three Pandemics That Changed Our World with James Rudin – Mondays, February 7 to 21, 9 to 10:30 a.m. Donor: \$80; nondonor: \$100.

Music & Art Lecture: Impressionism with Tom Cimarusti – Thursday, February 10, 1 to 3 p.m. Donor: \$40; nondonor: \$50.

Portrait Drawing/Painting with Mary Klunk – Friday, February 11, 9:30 a.m. to 3 p.m. Donor: \$65; nondonor: \$81.

The Wonders of Tea: Re-Discovering an Iconic Beverage with Anette Isaacs – Saturday, February 12, 1 to 3:30 p.m. Donor: \$45; nondonor: \$57.

The Joy of Painting: an Acrylic Painting Workshop with Jane Slivka – Monday and Tuesday, February 14 and 15, 9:30 a.m. to 4 p.m. Donor: \$375; nondonor: \$469.

Friday with Francesco: Colored Pencils & Pastels on Toned Paper – Friday, February 18, 9:30 a.m. to 3 p.m. Member: \$110; nonmember \$138.

Zentangle with Donna Lee Cole – Friday, February 18, 9:30 to 11:30 a.m. Donor: \$25; nondonor: \$32.

Painting Palms in Oil with Douglas David – Monday and Tuesday, February 21 and 22, 9:30 a.m. to 3:30 p.m. Donor: \$265; nondonor: \$332.

Palette Knife Painting in Oil from Landscape Photography with Jan Atkielski – Friday and Saturday, February 25 and 26, 9 a.m. to 3:30 p.m. Donor: \$160; nondonor: \$200.

Sea Turtle Palette Knife Canvas Artwork with Jenny Licht – Saturday, February 26, 12:30 to 4 p.m. Donor: \$84; nondonor: \$105.

Sunrise & Sunset: Capture the Glow in Watercolor with Patty Kane – Monday and Tuesday, February 28 and March 1, 9 a.m. to 3 p.m. Donor: \$175; Nondonor: \$219.

*Pre-registration is required. For more information, call 395-0900, stop by the box office, open from 9 a.m. to 3 p.m. at 900 Dunlop Road on Sanibel. For full course descriptions, visit [www.bigarts.org](http://www.bigarts.org) or email [info@bigarts.org](mailto:info@bigarts.org).\*\**

# Oooooops we did it again.

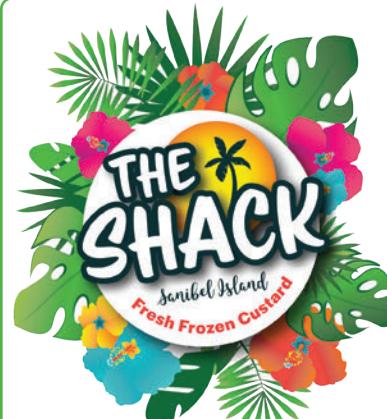
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- Dec. 31 Birthday Cake
- Jan. 1 Black Raspberry Chip
- Jan. 2 Almond Joy
- Jan. 3 Peanut Butter Chip
- Jan. 4 Toasted Coconut
- Jan. 5 Expresso Twix
- Jan. 6 Shack Attack

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Cynthia Barnett

## Shell Museum Lecture Series Begins This Month

Bailey-Matthews National Shell Museum is introducing a new lineup of speakers for its 2022 lecture series. The first talk will feature award-winning environmental journalist Cynthia Barnett. She will discuss her newly-released book, *The Sound of the Sea: Seashells and the Fate of*

*the Oceans*, at the museum on Friday, January 21 at 5:30 p.m.

In this program for the shell museum, where the idea for *The Sound of the Sea: Seashells and the Fate of the Oceans* was born, Barnett will give an inside look on her six-year journey researching the profound relationship between humans and seashells. Traveling from Florida to the Bahamas to the Maldives, West Africa and beyond, Barnett explores the ancient history of shells as global currency, their use as religious and luxury objects, and

photo provided

image provided

the rarely appreciated but remarkable creatures that make them.

"Cynthia Barnett is an exceptional writer and great friend to the museum," said Sam Ankerson, shell museum executive director. "Among the ways her new book breaks ground is as an illumination of the range of ways shells and mollusks interact with human culture and history. We're thrilled she'll be here."

Cost to attend the lecture is \$10

## THE SOUND of THE SEA

SEASHELLS and the  
FATE of the OCEANS

CYNTHIA BARNETT



per person (no charge for museum members, however, memberships must be confirmed upon registration). A book sale and book signing will follow the talk. Refreshments, wine, beer and snacks are included with admission. Register at [www.shellmuseum.org/](http://www.shellmuseum.org/) in-person-lectures.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.\*\*

## Sanibel-Captiva Republican Caucus Meeting

The first Sanibel-Captiva Republican Caucus meeting of the new year is scheduled for Saturday, January 15 at 10 a.m. The meeting will be held in Meeting Room 4 at Sanibel Public Library, located at 770 Dunlop Road.

The guest speakers will be Doris Cortese, vice chairman of the Lee County GOP Executive Committee, and Sanibel Mayor Holly Smith.

All local Republicans and Independents are welcome. Membership in the caucus is not required to attend.

Refreshments will be served. Questions can be directed to Steve Maxwell at 898-8203. This schedule is subject to change should the Sanibel Public Library implement new COVID-19 restrictions.\*\*



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Whether you're visiting, vacationing or an island resident, Bailey's is an island tradition.

You might not be at Times Square, but Sanibel is a wonderful place to celebrate the arrival of 2022 in good taste. Treat yourself to a real indulgence and toast the New Year with something truly special—Cristal, Louis Roederer Champagne. Bailey's has an incredible selection of all your favorite beverages, from the ordinary to the extraordinary. Plus amazing appetizers, desserts, and everything in between for the best New Year's ever!



Bailey-Matthews National Shell Museum  
Shell Of The Week

## Chocolate-Lined Top Snail



by José H. Leal,  
PhD, Science  
Director and  
Curator

*Calliostoma javanicum*, (Lamarck, 1822), reaches 35 mm (about 1.4 inches) and is one of the most attractive top snail species in the western Atlantic. Its shell is covered with dark-brown spiral lines, which are also present on the shell base (the "bottom" of the shell.) The shell outline is "triangular," with the spire joining the base at a sharp angle.

The species is present in the Gulf of Mexico (in deeper water), the Florida Keys and the Caribbean south to Brazil.

Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva Road. To learn more about museum exhibits or to make a secure donation, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org). For more information, call 395-2233.\*



The Chocolate-lined Top Snail, *Calliostoma javanicum*, from off Key West, Florida  
photo by James F. Kelly

## Spotted Seatrout Season Reopens

**S**potted seatrout will reopen to recreational harvest on Saturday, January 1 in the Central East Management Region, which includes all state and federal waters from Palm Beach

through Volusia counties. The closed season was re-established in 2020 to address declining trends in the stock and to benefit the fish during times when they are particularly vulnerable to harvest. For more information, visit [www.myfwc.com/marine](http://www.myfwc.com/marine) and or download the Fish Rules App at [www.instagram.com/fishrulesapp](http://www.instagram.com/fishrulesapp) or [www.facebook.com/fishrulesapp](http://www.facebook.com/fishrulesapp).\*

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(Located in Bailey's Shopping Center At the Far End, Facing Tarpon Bay Road)

## New Year's Eve Party At American Legion

Ring in the new year at American Legion Post 123 on Friday, December 31. The band Eclectic will play from 8 p.m. to midnight. French dip and cheesesteaks will be served all day. Late night appetizers will be served until 10 p.m.

On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.\*\*



**OUR HOLIDAY SCHEDULE!**

**Blue Giraffe Island Dining**

Both our restaurants are closed Christmas Day so our staff can spend time with their families.

Blue Giraffe 1 at Periwinkle Place will close at 3pm Christmas Eve and 6pm New Years Eve.

Make your reservations now for Blue Giraffe 2 at Beachview for New Year's Eve & New Year's Day!!

Live music is 6 to 9 pm Christmas Eve and 6 to 9 pm New Year's Eve.

BG2 is open all day New Year's!

Watch the Bowl games on our Clubhouse TV ~ reserve your favorite recliner now!

Drink and appetizer specials will be available

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1100 Par View Drive, Sanibel, FL 33957  
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**CARD OF THANKS**

Reindeer shell ornaments from She Sells Sea Shells

I cannot remember how many years it has been since I have purchased the reindeer ornaments at She Sells Sea Shells, and have admired the elf who makes them. There is a Christmas tree in the back of the store all year long.

I was late this year; they were sold

photo provided

out and asked if the elf could make six or seven more. I did not know my elf is in her 80s now. Thank you, little elf. Your reindeer go everywhere in the USA, Canada and to Japan.

Wishing you a Healthy New Year!  
— Roberta Schuldenfrei\*\*

**Art Exhibit At Bailey Homestead**

A butterfly installation

The Sanibel-Captiva Conservation Foundation (SCCF), in conjunction with Sanibel-Captiva Art League, is showing its annual Natives in the Garden exhibit at Bailey Homestead Preserve. The exhibit features original, weather-resistant works of art created by SCCF and art league members. All pieces are available for purchase and a percentage of each sale benefits SCCF.

The exhibit is open for public viewing from 10 a.m. to 3 p.m. Monday through Friday. The preserve is closed on Saturday and Sunday. The exhibit will remain on view through April.

Artists may add entries to this exhibit at any time as it is everchanging. Visit [www.sancapart.org](http://www.sancapart.org) for more information.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. The front nine acres along Periwinkle Way are open to the public. The remaining 19 acres are a wildlife corridor. It is home to SCCF's Native Landscapes &

photos provided



One of the glass works

Garden Center, a destination for native plants and planting supplies. For more information, call 472-1932.\*\*

BAILEY-MATTHEWS

**NATIONAL SHELL MUSEUM****2022 Season New Exhibits and Programs**

Photo by Andrew West/The News-Press

**EXHIBITS****RED, BLUE, GREEN:  
An Introduction to Water Quality in Southwest Florida****January 15-June 10**

Produced in partnership with Sanibel-Captiva Conservation Foundation

**BLACKWATER MOMENTS:  
Nocturnal Photography of Open-Ocean Mollusks****December 10-May 30****LECTURES****Jan. 21: Environmental writer CYNTHIA BARNETT****Feb. 1: The Soul of An Octopus author SY MONTGOMERY (pictured)**

This lecture is made possible by Fran Peters/Island Vacations

**Feb. 16: Metropolitan Museum of Art curator BRADLEY STRAUCHEN-SCHERER****Mar. 15: Diver and photographer LINDA IANNIELLO****Apr. 6: News-Press visual journalist ANDREW WEST**Registration and details at [ShellMuseum.org](http://ShellMuseum.org)Lecture Series  
Presenting Sponsor:The SANIBEL & CAPTIVA TRUST COMPANY  
PRIVATE WEALTH MANAGEMENT**AFTER HOURS IN THE AQUARIUMS****A new "SIP-AND-STROLL" private early-evening touring experience of the Living Gallery**Offered monthly, January-June, visit [ShellMuseum.org](http://ShellMuseum.org) for dates and details.3075 Sanibel-Captiva Rd. (239) 395-2233  
Sanibel, Florida 33957 Open Daily, 10-5**ShellMuseum.org**

## Shell Found



From left, Gabriele, Anton and Jens Mueller

photo provided

Gabriele, Anton and Jens Mueller of Ohio found their first junonia on the beach after a storm. They were staying at Seaside Inn. The Muellers have been visiting Sanibel regularly for more than 15 years.\*\*



Islanders dining under the palms at The Community House on July 4, 1946 photo provided

From page 1

## 95th Anniversary

and erected the original small Community House building using donated land, materials and labor. And what a change it brought.

The Community House became the home away from home for early residents, the scene of community socials, potluck dinners, dances, parties, weddings and town meetings. Over the years, The Community House has been expanded and renovated several times, most recently in 2016; and through the decades, it has continued to serve as a centerpiece for community activities.

Surprising to most people, throughout its 95 years, The Community House has operated without taxpayer support. As a nonprofit 501(c)3, managed by the Sanibel Community Association (SCA), the

facility has continued to operate as it did in 1927 – with all funding raised directly from the public through SCA membership fees, rental fees, business sponsorships and donations from residents and friends.

To mark its 95th anniversary, The Community House will turn its usual annual gala into a “birthday bash” celebrating its early years, to be held at The Community House on Tuesday, January 18 starting at 6 p.m. The event is designed to salute those sturdy settlers who first gathered at The Community House in the days before the Depression. The evening will begin with a social hour, followed by dinner and dancing.

Attendees are encouraged to come in casual dress and wear something white (in honor of the 95th anniversary and as a nod to fashion in the tropics before air conditioning).

Musical entertainment will echo the early days, when many islanders did not yet own a radio, but came to The Community House instead to listen to major broadcasts and dance to big band music. This time, a live band will be added for dancing following the dinner.

Instead of the old-time “potluck” dinner, where each person brings their best dish to share with their friends and neighbors, attendees will be served six courses of some of the best culinary art on the island without lifting a finger. Appetizers will be prepared by several noted island restaurant kitchens. Main course items will be prepared by The Community House Resident Chef John Wolff, a longtime island favorite recently installed to lead SCA’s culinary programs. And final course offerings will be prepared by a new surprise chef, famous for her dessert creations at Windows on the World.

The public is invited to attend, bring some friends, join the celebration and help keep The Community House going for its next 95 years. Tickets, tables and sponsorships for the Cheers to 95 Years celebration can be secured by visiting The Community House website at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or by calling 472-2155. Individual tickets are available for \$175 each, and recognized sponsor tables are available at various levels: Islander – \$1,000 (includes two tickets); Great Hall – \$2,500 (includes four tickets); Community – \$5,000 (includes six tickets); and Founder – \$10,000 (includes eight tickets).

In order to provide for a safe event, attendees will be requested to show evidence of COVID-19 vaccination or a clear COVID-19 test.\*\*

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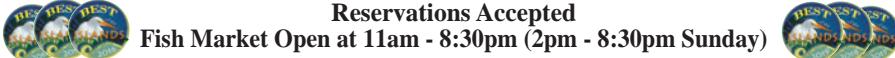
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# A New Year With New Opportunities



by Allison Havill Todd

The holidays can be a very festive time of year for many, but for those struggling with the loss of a loved one, loneliness or depression, it can also be a time that accentuates feelings of despair. While it may be difficult to see past your own struggles, studies have shown that one of the best ways to overcome one's own obstacles is by helping others. Opportunities to volunteer and reach out to others are not limited to the holidays, however. There are many individuals and organizations that can benefit from your goodwill throughout the year.

If you are an animal lover, there are many local shelters that are always in need of dedicated volunteers. Perhaps you lost a pet of your own and aren't quite ready to consider adopting another. Or maybe you enjoy traveling and prefer to remain free from the daily care and responsibilities that go along with pet ownership. You may also live in



**Jerry Havill and friend Kathy Caldwell receiving awards for their hours of service**  
photos provided

a community or condo association that does not allow pets.

By offering your time at a local shelter, you can get your pet therapy for the day and provide a much needed service for that organization. Most animal shelters and rescue organizations rely heavily on volunteers to help care for the many animals that may be housed in their facilities until they find a good home. Volunteers may assist with such duties as walking and grooming dogs, cleaning kennels, keeping up with laundry, feeding, answering the phone, petting and socializing with kittens



**Jerry Havill exercising one of the GCHS residents**

and cats, attending special events or providing temporary foster care.

Gary Willoughby, executive director with the Gulf Coast Humane Society shared that, "The compassion and generosity of our volunteers is what enables us to keep our doors open. We couldn't offer the services we do without them."

My own father, Jerry Havill, struggled with depression following the passing of my mother many years ago. Knowing that he loved animals but was not able to have one of his own due to

community restrictions, I encouraged him to consider offering his time at a local shelter. For 10 years, he dutifully arrived at the Gulf Coast Humane Society (GCHS) shelter every morning (including Christmas and other holidays) to make sure all of the dogs had a chance to get out of their kennels for a walk, or some exercise in the yard.

Though the shelter, and the animals, benefited from his dedication, I believe he may have been the one to receive the greatest reward from his years of service caring for these homeless pets. I imagine Jerry was greeted by quite a committee of friendly, furry faces when he passed from this earth six years ago, and is fondly remembered at the shelter by a bench bearing his name and a sign at what was once his parking spot for the many years he visited the facility.

If you are looking for a way to beat the post-holiday blues or simply want to enjoy an additional sense of purpose in the coming year and enjoy the company of animals, consider reaching out to a local shelter where your unique talents will be greatly appreciated. You too may find that you get back more than you give.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.\*

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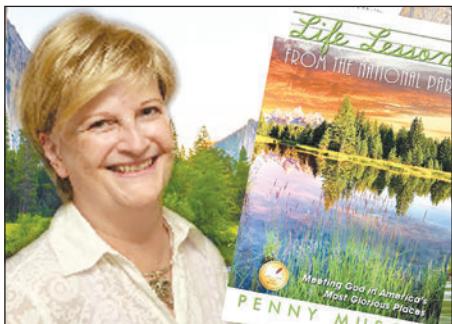
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*Located on Casa Ybel and Periwinkle Way*



Penny Musco with her book, *Life Lessons from The National Parks* photos provided

## Upcoming Programs At Sanibel Library

**S**anibel Public Library staff has planned a number of in-person programs for January, including tech help, history programs and a concert.

On Friday, January 7, BYOD (bring your own device) and learn how to download the applications Kanopy Films and Freegal Music. Using Kanopy, you can stream 10 movies, documentaries or courses per month with your library card. With Freegal, you can download up to three songs per week and stream an unlimited amount of music. Bring your library card, phone or tablet, and your passwords to get started on these applications. This "Appy Hour" starts



Librarian Beth Jarrell

at 10 a.m. This program is open to the public and no registration required.

On Friday, January 7 at 11:30 a.m., author Penny Musco will take you on a four-season tour of some of America's most glorious places within the National Park Service. Musco will provide tips for planning your own visits and links to the sites that are referenced in her book, *Life Lessons from The National Parks*. This program is open to the public and no registration is required.

An Afternoon with Island Brass on Monday, January 10 will feature works by Gershwin, Wagner, Gabrieli and



Island Brass, from left: Mike Ciccarone, trombone; Mary Zitnik, trumpet; Bill Loeb, tuba; Liz Pisciotti, trumpet; and Claudia Burns, french horn

Verdi. Island Brass members are Mary Zitnik, Liz Pisciotti, Claudia Burns, Mike Ciccarone Trombone and Bill Loeb. The concert will be held from 2 to 3:15 p.m. and is open to the public.

Sanibel Public Library is now offering Computer Coach service on Fridays and Saturdays from noon to 1 p.m. Bring in your device for technology assistance with Hoopla, Kanopy, Libby and other apps. These apps allow cardholders to download ebooks, magazines and audiobooks, or stream music and movies. For help, go to [www.sanlib.org/techappointment](http://www.sanlib.org/techappointment) or

call the library at 472-2483 to schedule an appointment.

Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver's license (or similar government ID) showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year.

Computers, printers, scanners and fax machines are available as well as magazines and daily newspapers. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).\*\*

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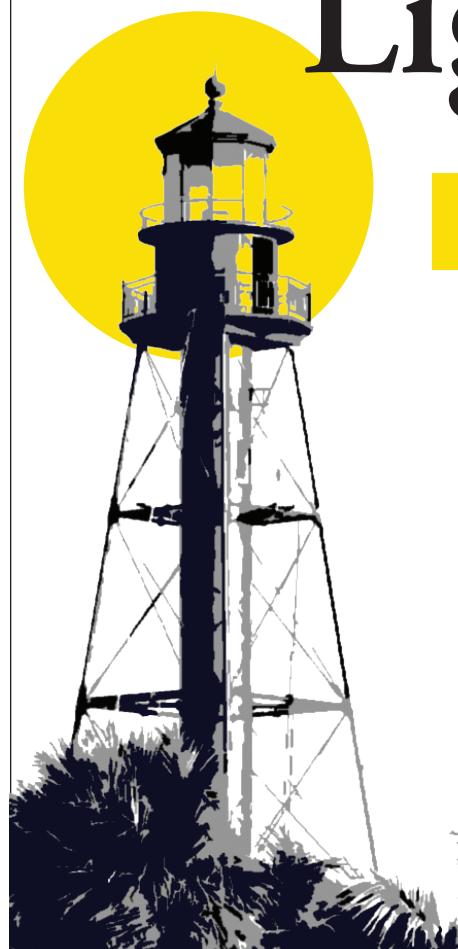
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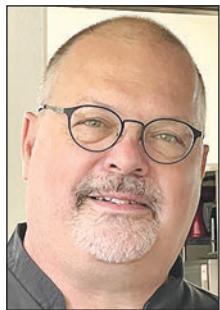
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The Community House

## Florida Squash



by Chef John Wolff

**T**he squash is one of the oldest crops in the world. There is evidence of squash cultivation dating back at least 10,000 BC in Central Mexico, Peru and the eastern United States. During that time, squash, corn and beans formed the staple diet of many native Indian tribes throughout the Americas.

Squash comes from the Narragansett Indian word "askutasquash." This roughly translates into "eaten raw or uncooked." The squash was prized by early Native Americans because the entire plant is edible. The shoots, leaves, flowers, seeds, tendrils and stems can all be eaten.

Northeastern Native American tribes grew turban squash, pumpkins, yellow crooknecks, patty pans and Boston marrows, which is the oldest squash variety still sold in America. Southern tribes raised winter crooknecks, cushaws,

and green and white striped sweet potato squashes.

All squash are members of the Cucurbitaceae family. This family also includes cucumbers, melons, pumpkins and gourds.

Squashes are categorized into two types, summer and winter. Summer squashes are fast maturing, have thin rinds that can be eaten, but can't be stored for extended periods of time, and are picked when immature. Winter squashes take longer to mature, have thick rinds that need to be peeled, are picked when completely mature and can be stored for several months.

The U.S. is actually the world's largest importer of squash, with 95 percent of it coming from Mexico. Florida is only second to California in U.S. squash production in the United States and is followed by New York and North Carolina.

Squash is an excellent source of vitamins A and C, potassium and manganese. It's also a good source of calcium, magnesium, vitamin E, thiamin, niacin, vitamin B6 and folate.

*Cucurbita moschata*, also known as butternut squash, Seminole squash, calabaza, winter and crookneck squash, is a species originating in either Central America or northern South America. Butternut squash is very versatile in cooking and was widely utilized by the ancient civilizations in south and central America. It includes cultivars known as squash or pumpkin, and the ancestral species of the genus *Cucurbita* were

present in the Americas before the arrival of humans.

I prepared a butternut squash dish for our December 18 community social

at The Community House. It was a big hit and quite a few people asked for the recipe, so here it is for you to try at home.

### Sanibel Community House Butternut Squash Casserole

3 1/2 pounds butternut squash, peeled and chopped into 3/4 inch cubes

2 tablespoons olive oil

5-6 slices thick-cut bacon chopped

1 large onion, diced

4 cloves garlic, minced

3/4 cup chopped pecans

2 tablespoons fresh chopped sage

1 tablespoon fresh thyme leaves

1 tsp dried thyme

1 sleeve saltine crackers, about 36

crackers

1 cup half and half

2 large eggs

1/4 cup grated parmesan cheese

Salt and pepper

Preheat the oven to 400°F. Set out a large, rimmed baking sheet, a 9x13" baking dish and a large skillet. Grease the baking dish and set aside.

Place the chopped butternut squash onto the rimmed baking sheet. Drizzle with olive oil, then salt and pepper liberally. (This is the only time salt is added to the recipe due to the use of bacon, saltine crackers and Parmesan cheese, so be generous.)

Spread the cubed butternut squash out into a single layer. Roast in the oven for

30-plus minutes until the squash is soft and toasted around the edges.

Meanwhile, place the skillet over medium heat. Brown the chopped bacon in the skillet. Once crispy, add in the onions and garlic. Sauté for 3-5 minutes to soften the onions. Then stir in the chopped pecans, sage and thyme. Sauté another 1-2 minutes, then turn off the heat.

Crush the sleeve of saltine crackers with your hands. In a small mixing bowl, whisk the half and half and eggs together.

Once the butternut squash comes out of the oven, move it to the greased baking dish. Add in the bacon and onion mixture, and the crushed crackers. Toss well to mix, then spread out in an even layer.

Pour the egg mixture evenly over the casserole. Sprinkle the parmesan cheese evenly over the top.

Bake for 20-25 minutes until the top is crispy. Serve warm.

*John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.\*\**

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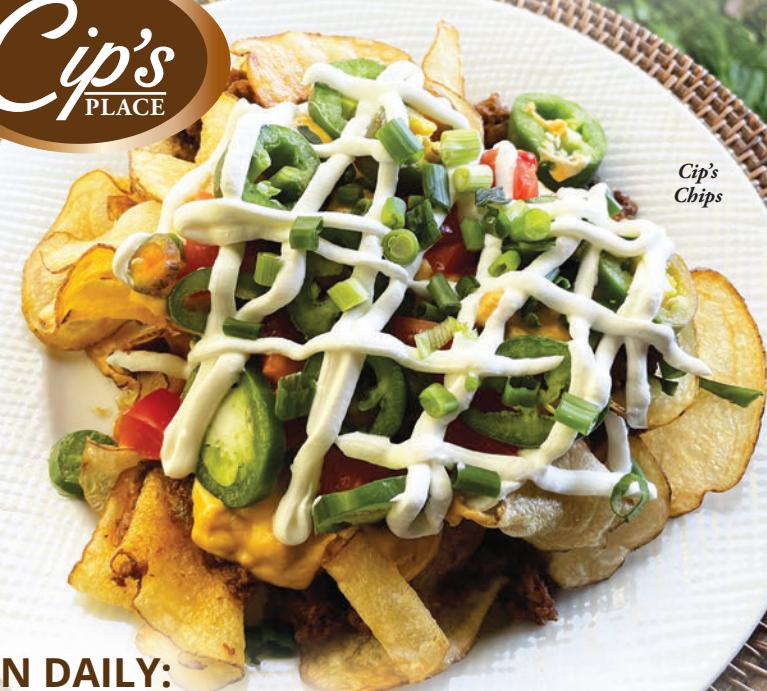
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The Johnson family of Bailey's General Store, from left, Bailie, Richard, Mead, Dane and Calli  
photos provided

## More Sponsors Named For Movie Premiere

Two island businesses will be in-kind sponsors of the Sanibel Historical Village Gala Movie Premiere on February 22 for the showing of the documentary *Secrets & Stories of the Sanibel Lighthouse*. Blue Giraffe restaurant will be a platinum sponsor and Bailey's General Store will be a silver sponsor.

"Sponsorships are essential to the success of our gala fundraiser," said Executive Director Emilie Alfino, historical village executive director. "These businesses have long been supporters of the village and we are so grateful for their continued patronage. We could never fulfill our mission of preserving, sharing and celebrating Sanibel history without them."\*

## Shell Club Needs Volunteers To Chair Shell Show

The Sanibel-Captiva Shell Club is looking for volunteers to replace retiring Shell Show Chair Joyce Matthys and Artistic Division Chair Mary Burton. They will serve in their positions for the coming shell show and will support the new chairs preparing for and during the 2023 show. Knowledge about shells is not required.

The shell show chair works with and guides committee chairs to accomplish their committees' goals. During the week of the shell show, the chair is on site to manage any problems that may arise.

The artistic division chair is responsible for organizing and executing preparations for the division and being available during the show to answer questions.

Besides the scientific division chair and the artistic division chair being available to answer questions during the shell show, at least one of the shell show judges in each division is also on hand to help



Blue Giraffe owner Bill Letendre and General Manager Michael Puente

answer questions.

The Sanibel-Captiva Shell Club needs to find volunteers for these positions before the end of January so the volunteers can "shadow" the 2022 chairs to learn the ropes and to be ready to step into the positions in 2023. Interested individuals do not need to be current members of the shell club. If these positions are not filled, the 85th annual Sanibel Shell Show would be the last shell show.

For more information, contact Joyce Matthys at 503-871-1082 or joycematthys1@gmail.com, or Mary Burton at 395-3626 or marybsanibel@hotmail.com.\*

## Donate Blood

Lee Health is seeking blood donations to help replenish supply levels. All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida. For more information on how and where to donate, visit [www.leehealth.org/our-services/blood-centers](http://www.leehealth.org/our-services/blood-centers).\*



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1 1/2 ounces rum  
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1 cup fresh strawberry, plus 1 whole strawberry for garnish  
2 limes, juiced and divided  
2 ounces cream of coconut  
1/2 ounce simple syrup  
2 ounces pineapple juice  
Rinse blender and make sure all the parts are clean and ready to use. Add rum, strawberry, half of the lime juice, simple syrup and 1 cup of ice. Blend until smooth and pour strawberry mix into a cup. Place cup of freshly made strawberry mix into freezer while making the other half of the drink. Rinse blender to remove strawberry mixture. Reset blender and add coconut rum, cream of coconut, the rest of the lime juice and 1 cup of

**Miami Vice**

ice. Blend ingredients until smooth. To serve, try to alternate layers of the

strawberry and coconut mixtures in a hurricane or collins glass. Add a straw

photo courtesy Fresh From Florida

and strawberry for garnish. Drink responsibly.✿

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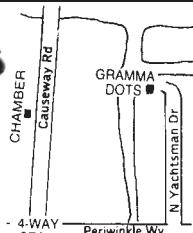
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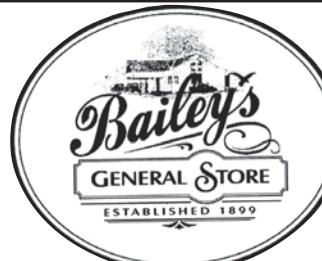


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## FISH Recognizes Board Members



Sheridan Snell



Lisa Ann Miller

**F**ISH of SanCap recognizes Sheridan Snell and Lisa Ann Miller for their leadership and service to the community as chair and vice chair of the FISH board of directors.

"Sheridan and Lisa Ann are extremely dedicated leaders who are committed to the mission of FISH," said Maggi Feiner, president and CEO of FISH. "During their term, they contributed countless hours of involvement in many aspects of the organization including its leadership, community presence and partnerships. Thank you Sheridan and Lisa Ann for your passion and commitment."

Leadership during Snell and Miller's terms came with the challenges of the COVID-19 pandemic but did not discourage their actions. Most notably was their plea to Gov. Ron DeSantis, which resulted in the organization's ability to provide 1,064 doses of the COVID-19 vaccine at pop-up clinics for island seniors and other at-risk members of the community. They worked at all clinics to ensure the health, wellness and safety of the community. In addition to serving as ambassadors on behalf of the islands, they served on many FISH committees.

"Undoubtedly, Sheridan and Lisa Ann encouraged consistency, continuity and flexibility for change with compassion for who we are, what we do and for those we serve. We cannot thank you enough for your service to our organization and community," added Feiner.

Snell will remain on the FISH board as past board chair, continuing to promote the mission and vision of FISH and as an ambassador within the island community. Miller will continue on as director and serve as Helping Hands Committee chair.

FISH also extends its thanks to board member Nicole McHale, who will leave the board due to term limits. McHale has served the organization for nearly 10 years as a volunteer and was elected to the board in 2013, where she served as board member, vice chair and chair. McHale will remain vice chair of the FISH Foundation, where she developed

the AngelFISH Society, a group of island women that empower like-minded individuals through gathering and philanthropy. The AngelFISH Society, launched in 2020, raises money and awareness for FISH's endowment in order to ensure its long-term success.\*\*

## Osprey Nest Monitors Needed

**O**sprey nesting season is beginning and The International Osprey Foundation (TIOF) is recruiting volunteers to monitor osprey nest territories on Sanibel, Captiva, Fort

Myers Beach, Pine Island and the surrounding areas.

Witness and record the drama of osprey family life unfolding as they build and defend their nests, raise and nurture their chicks, and train their fledglings in life skills needed to survive perilous migrations. Ospreys are especially sensitive to the health of the environment. As citizen scientists, the data you gather will be utilized in local and global databases to help determine the effectiveness of water quality and climate change actions. TIOF provides training and supports a team approach.

For more information about joining the monitoring team, contact [tiof@outlook.com](mailto:tiof@outlook.com).\*\*



Nicole McHale

# Open Air Cinema “Pink Gold Rush”

This WGCU documentary provides an in-depth look at some of the history and biology of pink shrimp and their impact on SW Florida.

Whether seated in your golf cart or your folding chair, we're certain you'll enjoy this film, when viewed in the fresh-air environment of McCarthy's Marina.



**Tuesday, January 11, 2022 at 7:00pm**

{Rain Date: January 18}

**Parking Lot at McCarthy's Marina  
11401 Andy Rosse Lane, Captiva**

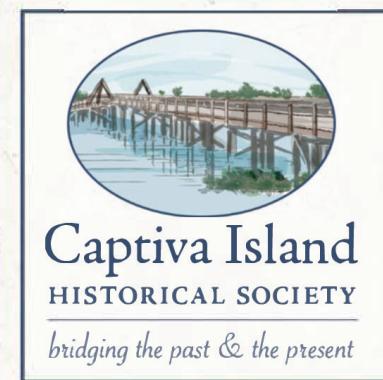
**Admission: \$12 per person  
Limited Space - Reservations Recommended**

For reservations visit [Eventbrite.com](https://Eventbrite.com)  
or [CaptivaIslandHistoricalSociety.org](http://CaptivaIslandHistoricalSociety.org)  
or call (239) 472-2323

Event Sponsor



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## January Fun Days At Rec Center

**R**egistration is open for Fun Days at Sanibel Recreation Center on Monday and Tuesday, January 10 and 11. Enrollment is available for children in kindergarten through eighth grade. The program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, water bottle, swimsuit, towel and sunscreen. Face masks are required.

Financial assistance is available. For more information call the Recreation Center at 472-0345.\*\*



From left, Rob Lisenbee of the trust company, Berni Libonate and Lisa Riordan of Captiva Civic Association, and Al Hanser and Jeff Muddell of the trust company photo provided

## Wine Tastings Return To Captiva

The Sanibel Captiva Trust Company is sponsoring this year's Captiva Civic Association (CCA) Perfectly Paired, a wine tasting and food pairing series running through the month of January.

"CCA has creative ideas every year that bring the Captiva community together and we're glad to be a part of it," said Al Hanser, founder and chairman of the trust company.

Four Monday evening classes will

feature select themed wine tastings that are paired with bites of gourmet fare crafted by Chef Karl Hamme of Bailey's Catering Company. Tyler Haas of Johnson Bros. Wines will lead the class as sommelier. He brings a wealth of wine knowledge, while amusing his audience. Calli Johnson of Bailey's will be also be on hand.

All classes will be held in person this year and space is limited to 45 participants. Non-member pricing is \$60 for the January 10, 17 and 24 classes and \$80 per ticket for the January 31 class.

The lineup is:

January 10 – Best of California  
January 17 – Tour of Italy  
January 24 – The Wines of Dave Phinney

January 31 – Tyler's Reserve List

"This has always been a very popular series and we are grateful to be able to bring wine education classes to Captiva," said Emily Hess Ankerson, executive director for the CCA. "Costs have really increased this year, for wine especially,

but with The Sanibel Captiva Trust Company's sponsorship, we are able to continue to bring this program to CCA members and the community. It wouldn't be possible without their generous support."

Captiva Civic Center is located at 11550 Chapin Lane on Captiva. For tickets, visit [www.ccacaptiva.org](http://www.ccacaptiva.org) or call 472-2111.\*\*

daily basis," said Maria Espinoza, FISH executive director.

Ouellette was born and raised in Michigan. She studied business administration while in college. She began her career working for a major retailer in a part-time capacity while in college. She then accepted a full-time management position and over the next 24 years, traveled to expanding markets where she worked on training and development programs.

Ouellette has a wealth of experience in nonprofits. She worked for United Way of Northeast Florida and United Way of Collier County and the Keys for nearly 14 years. She also spent a period of time working for the City of Sanibel.

"I'm very excited to be a part of the FISH of SanCap team where I can continue to deliver services to the community and work with their very generous and talented volunteers," said Ouellette.

To learn more about the programs and services offered by FISH, visit [www.fishofsancap.org](http://www.fishofsancap.org).\*\*

## New Operations And Volunteer Manager

FISH of SanCap hired Kim Ouellette to fill a new position as operations and volunteer manager within the organization. Ouellette will provide support to the executive director and board. She will also oversee data and program reporting and scheduling, and training and managing all volunteers as a point person within the walk-in center.

"We're excited to welcome Kim to our team in a position that is critical to how our organization operates on a



Kim Ouellette

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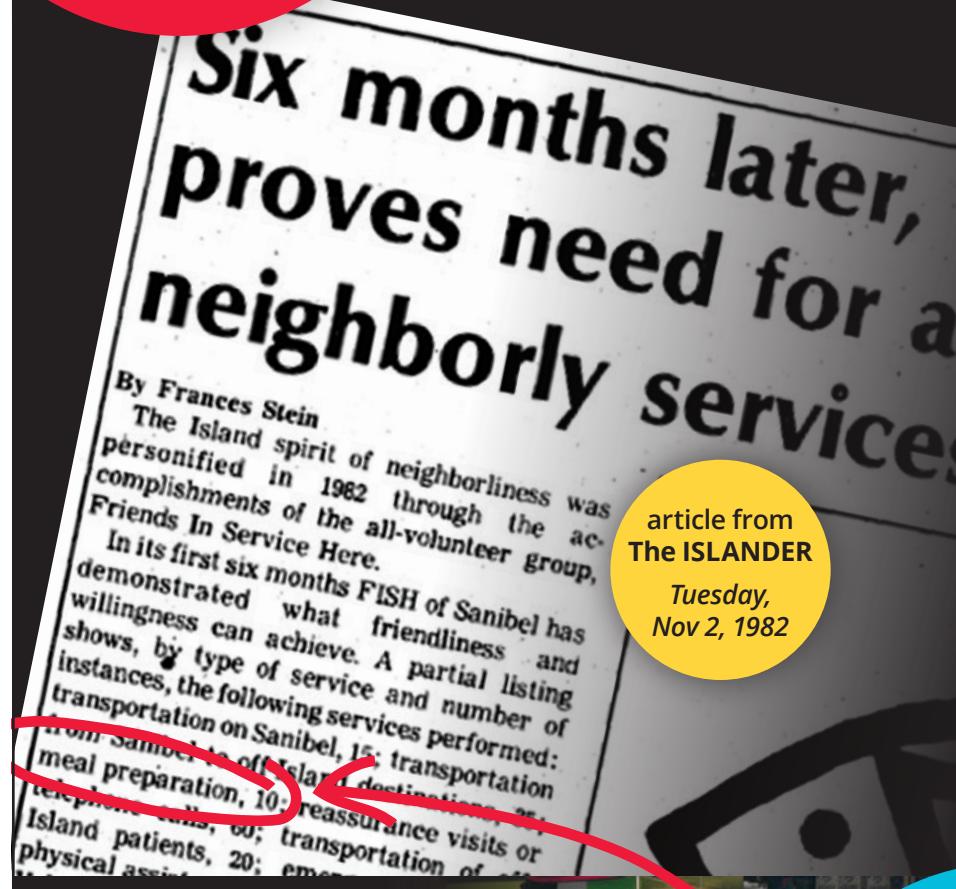
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"We are so happy to still offer this wonderful service 40 years later, thanks to our partnership with Bailey's."

—Maria Espinoza  
FISH Staff Member

# 40 years THEN & now



article from  
The ISLANDER  
Tuesday,  
Nov 2, 1982

## VOLUNTEER HIGHLIGHT

For years, volunteer managers rotated throughout the year handling all meal intakes, calls and changes. Currently, meal managers schedule drivers, produce order list for Bailey's, and make daily reminder calls to drivers. On average meal managers put in 30-40 hours of work monthly.



## feeding a growing need

**1982—10 MEALS**  
in our first 6 months  
**2011—2650 MEALS**  
**2020—6412 MEALS**  
and going strong



## 40 year timeline

- 1982**—March/April First full week of operations; Ready to help 24-7; original phone number is still in use
- 1983**—First annual meeting at Gulf Pines
- 1984**—Hurricane Committee Established
- 1986**—First Friendly Faces Event
- 1987**—Volunteers jump to action before Hurricane Floyd

- 1988**—“Person-to-Person” calls established
- 1992**—FISH celebrates 10 years of service
- 1999**—New FISH President, Norman Bowles steps in after 12 years of volunteer work
- 2003**—adopted motto of “Neighbors helping Neighbors”
- 2007**—New logo reflecting community focus; opened first Walk-in Center
- 2008**—Food Pantry opened & Walk-in Center relocated
- 2009**—FISH becomes a United Way Partner
- 2011**—Backpack Program established
- 2012**—“30 Rocks!” FISH 30th Anniversary Celebration
- 2015**—New Walk-In Center opens & FISH has a “Home of its Own”
- 2017**—FISH assists record numbers following Hurricane Irma
- 2020**—New logo and Mission Statement



Since the very beginning, **Meals-by-FISH** has been one of the most important programs we provide to our island neighbors. Meals-by-FISH delivers one hot, nutritious meal per day, up to 5 days/week, including extras for the weekend. Working in partnership with Bailey's General Store, Chefs Karl and JT work tirelessly preparing the menu, while their staff sorts, bags and labels each meal on a daily basis. Many recipients are older individuals who no longer cook; some are younger individuals recovering from an illness or surgery. Neighbors may receive meals for any length of time and may opt in/out of the program as needed.



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**Book Review****State Of Terror**

by Di Saggau

**S**tate of Terror is a unique international political thriller written by two friends, Hillary Clinton and Louise Penny. The authors dedicated the book "To the courageous men and women

who protect us from terror and stand up to violence, hatred and extremism no matter the source. You inspire us every day to be braver, to be better."

Both women have said they wanted to have some time during a difficult time and to pay tribute to the power of female friendship. The book revolves around a classic race against time to outmaneuver international terrorists and homegrown traitors who plan to turn the United States into a Russian satellite state.

The heroine, who gives the commands while fighting to save American democracy, is a late-middle-aged secretary of state named Ellen Adams. There is no love lost between the president of the United States and Adams, but it's a canny move on his part because with the appointment, he silences one of his harshest critics.

At Adams' side is her trusted

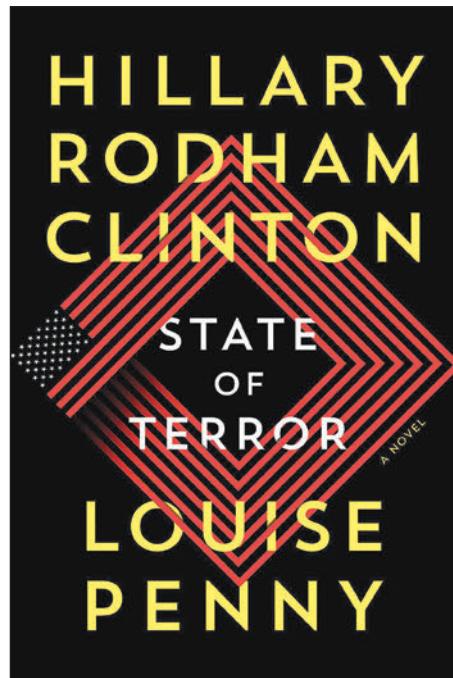


image provided

counselor and best friend, Betsy Jameson. Together, they outwit a group of evil potentates, minions and dictators as they travel the globe on Air Force Three. The plot is an international chess game involving the volatile and Byzantine politics of Pakistan, Afghanistan and Iran, the Russian mob and an American government set back on its heels in the international arena.

It's the job of Secretary Adams and her team to block their actions. The

unique team is the new secretary of state, a passionate young foreign service officer, and a dedicated journalist. *State of Terror* is a geopolitical thriller with details only an insider could know.\*\*

**School Smart**

by Shelley M. Greggs, NCSP

**D**ear Readers, Happy New Year. I am passing along this wonderful poem (again) with excellent New Year's Resolutions for

parenting. These suggestions are worth considering.

**Parental New Year's Resolutions by Dr. Alex Thomas**

Well, it is time for parental New Year's Resolutions. Pick any five from the suggestions below and, if you are still following them when the school year ends, you probably will see improvement in your child's school performance and/or behavior around the home as well as within your relationship.

I resolve to provide a regular daily or weekly chore for my child and will assure that it is completed on time.

I resolve that I will cut our junk food budget, including soda, by 25 percent.

I resolve to see to it that my child will complete all tasks that are started.

I resolve that my child will not easily

quit a team or club once it is joined, or quit music or other lessons once started.

I resolve that no more than two meals a week will be eaten in front of the television.

I resolve to allow my child the opportunity to deal with failure and frustration without interfering, providing support but not excuses.

I resolve that my child will spend no more than 20 hours a week watching television.

I resolve that my child will spend at least one half hour, at a designated spot and time, on homework or reading, every school night.

I resolve to see to it, by providing incentives if necessary, that my child reads independently, even if reading includes comics, sports pages, or romance books.

I resolve to say at least two positive things to my child every day.

I resolve to make the opportunity, weekly, to spend at least a half hour with my child on some mutually needed activity (shopping, dishes, working on the car).

I resolve to lower my NQ (nagging quotient) and act instead of yak.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.\*\*

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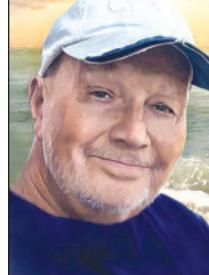
**1619 Periwinkle Way, Sanibel, FL**

**Facebook: islandpizzasanibel**

**Instagram: Island.pizza.sanibel**

**Poetry Corner**

by Jim Weyant

**JEEP**

Chili pepper red,  
a top the color of sand  
it possesses a kind of cool  
that made me a fan.

It's easily observed  
from near a mile away.  
Sometimes I wish  
it was nondescript grey.

The ride's kinda' rough  
especially on one's rear.  
It's none too fancy,  
pedal to metal and steer.

Worn here and there  
like the guy behind the wheel,  
it's part of the family,  
not just an automobile.

Yet old as it may be  
it never seems to tire,  
it's just like its owner-  
but he's a terrible liar!

Jim Weyant first came to Sanibel in 1978 and for him it was love at first sight. He and wife Helene have been island residents for over 20 years. Prior to retirement, Jim was a system analyst at the New York Stock Exchange. Since then, he has kept busy with tennis, volunteer work, photography, graphic art and reading. His recently published book, Poems From Paradise and Beyond, is available at Amazon and local book stores.\*\*

# Rotary Happenings

submitted by Cindy Carter

**S**tarting the new year with a bang may be the goal of some people. However, I choose to start the new year by reflecting and expressing gratitude.

There are so many things to be thankful for as a Rotary member. Being part of Rotary brings many opportunities to help others and to build friendships along the way.

One of the pillars of Rotary is the 4-Way Test, with one of the questions asking, "Will it build goodwill and better friendships?" Rotary accomplishes both of these goals easily while simultaneously completing service projects that help our local community and our overseas community as well. The Sanibel-Captiva Rotary Club recently had a fundraiser bike ride with arguably the longest name of any service project, the annual Howard S. Danner, Jr. Wheels for Wheels Cycling Challenge. This was a fundraiser to raise money for wheelchairs to be sent overseas, and it raised an amazing \$33,000, from bike riding with friends!

The annual art festival held during Presidents weekend in February has an attainable goal of \$100,000 this year to be distributed to local nonprofits and used in Rotary grants local and worldwide, all while enjoying time with other Rotarians during an art festival. Can it get better than friends, shopping and art? The charity golf tournament, to be held on March 26, is another example of having a great time



Cindy Carter and Chet Sadler

photo provided  
golfing with friends and raising money for so many good causes.

The Sanibel-Captiva Rotary Club has many opportunities to build goodwill and better friendships every month. Not to mention, the club added a fifth question to Rotary's 4-Way test, "Is it fun?" This is possibly the best question of all. These days, we need to be able to know that every week we can see our Rotarian friends, learn something new from the weekly speakers and be covered with a warm loving feeling of friendship.

The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 6:45 a.m. and the meeting begins at 7:15 a.m. Email [wilham.harkey@gmail.com](mailto:wilham.harkey@gmail.com) by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit [www.sanibelrotary.org](http://www.sanibelrotary.org).\*\*

472-0345.

Kayaking outings will be held on the following Tuesdays, January 4, 11, 18 and 25. Signups are in person and open only for preregistration two weeks prior to the date selected. Sign up at the Sanibel Recreation Center. Kayaking excursions will continue every Tuesday through the season. There is a \$5 fee for members; \$20 for nonmembers. Space is limited and on a first come basis. If you are interested in becoming a kayak leader, contact Shawn Shaffer at 402-305-2813 or [fast2swim@aol.com](mailto:fast2swim@aol.com). For more information, call Dave or Jessica at 472-0345.

Find out more about senior services offered by FISH of SanCap on Friday, January 21 at 10 a.m. in the Osprey Room. Speakers will be Erika Broyles, FISH senior services director, and Maria Espinoza, executive director. There will be time for questions. Coffee and muffins will be served. To sign up, call Jessica at 472-0345.

A Security and Safety Workshop with Lt. Grace Towler of the Sanibel Police Department will be held on Friday, January 28 at 10:30 a.m. in the Osprey Room. Lt. Towler will discuss fraud, scams, community threats, increased safety concepts and awareness, and techniques for protecting yourself.

The Sanibel Recreation Center is located at 3380 Sanibel-Captiva Road. For more information, visit [www.center4life.com](http://www.center4life.com) or call 472-0345.\*\*

## Island Seniors Activities At The Rec Center

Island Seniors, Inc. is offering the following activities at the Sanibel Recreation Center:

Coffee Social – Monday to Friday from 9:30 to 11 a.m.

Bridge – Monday and Wednesday from 12:30 to 3:30 p.m.

Mahjongg – Thursdays from 12:30 to 3:30 p.m.

Page Turners – second Tuesday of the month at 2:30 p.m.

A hot dog lunch is served from 11 a.m. to noon in the Osprey Room on Wednesdays. Cost is \$3. RSVP to 472-0345.

Page Turners with Louise Fitzgerald is held in the new senior activity area. It is also offered on Zoom. The book for discussion on Tuesday, January 11 is *Beautiful Country* by Julie Wang. On Tuesday, February 8, it's *The Lincoln Highway* by Amor Towles. If you would like to be added to the email list, contact Louise Fitzgerald at [sanibelbum22@gmail.com](mailto:sanibelbum22@gmail.com) or call 304-707-1701.

An arts and crafts fair will be held on Saturday, February 5 in the outdoor pavilion next to the ball fields. For information on vendor table rental, call



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BIG ARTS Monday Night Film Series

## In Balanchine's Classroom

by Di Saggau

The Monday Night Movie for January 3 is *In Balanchine's Classroom*, a documentary with an abundance of fascinating archival photos and filmed excerpts of George Balanchine teaching and rehearsing his dancers, including famous and revered members of New York City Ballet. The film is mostly about the man himself and the company he founded and nurtured, along with several leading dancers who he led to artistry, if not glory.

It's a wonderful opportunity watching this genius choreographer coaching and guiding his dancers. Early in the film is an extensive clip with Balanchine teaching in 1974. Later, montages and extended series of photos strung together become puzzles to be solved by recognizing a certain dancer.

Several former leading New York City Ballet dancers are interviewed and talk about what they experienced with Balanchine, how he taught and critiqued them, and led them to their full potential. Among them is Merrill Ashley, who speaks with deep appreciation for the in-depth process by which Balanchine nurtured her talent. Others are Heather Watts, Gloria Govrin, Jacques D'Amboise and Edward Villella, members of the company's formative

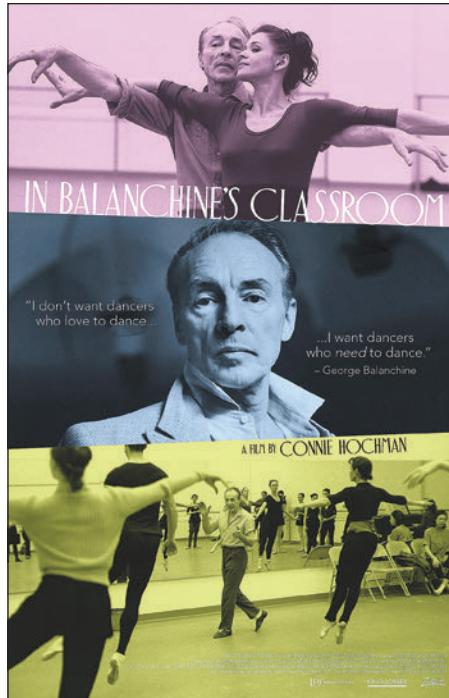


image provided

years. Other voices are heard as well. Most agree that attending "Mister B" classes was no easy feat as he was a never-satisfied perfectionist. "I wanted to have a certain way of dancing; I wanted to have clean dancers. So I pushed everybody," says Balanchine in the film.

Young dancers were constantly pushed to the limit. Balanchine's methods took a toll on many, but they all wanted his attention and knew

that without him, they would not have a career. The director, Connie Hochman, offers enough footage to make us feel we are witnessing a piece of ballet history. The film also has enough archival material to explain why Balanchine's classroom mattered to so many people. Her focus is on the dance genius that was George Balanchine.

The film runs one hour, 28 minutes

and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Stefanie Irwin will lead a discussion. Tickets are \$10 and can be purchased online or at the box office. All those who are not fully vaccinated are asked to wear masks.

BIG ARTS is located at 900 Dunlop Road. For tickets, call 395-0900 or visit [www.bigarts.org](http://www.bigarts.org).\*\*



Holly Smith



Dana Souza



Kevin Ruane



David Mintz

participants are encouraged to engage in a dialogue to better understand the unique structure of each entity and the role of government in addressing community challenges.

"The city manager and I are delighted to play a part in this exciting new program, and we applaud the Charitable Foundation of the Islands for embracing this initiative," said Smith.

Charitable Foundation of the Islands is a nonprofit 501(c)3 organization funded entirely by private donations. The purpose of Leadership Sanibel-Captiva is to educate participants about the challenges and opportunities present on Sanibel and Captiva, encourage them to build connections and collaborations between people and ideas, and prepare and encourage them to play a role in strengthening, preserving and improving the quality of life on the islands.

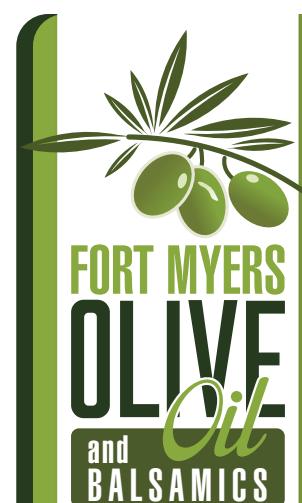
To learn more about the foundation, visit [www.myfcf.org](http://www.myfcf.org), call 322-3818 or email [sancapcfi@gmail.com](mailto:sancapcfi@gmail.com).\*\*

## First Leadership Session For Foundation

The Leadership Sanibel-Captiva program of the Charitable Foundation of the Islands begins this month with the first of five, day-long sessions taking place in various locations. Each session has been crafted to give the 12-member class of 2022 an in-depth look into all aspects of the Sanibel and Captiva communities.

The first session on Wednesday, January 26 is devoted to government. The class will have an opportunity to hear presentations by Sanibel Mayor Holly Smith and Sanibel City Manager Dana Souza as well as District 1 Commissioner Kevin Ruane and Chair of Captiva Code and Ordinances of Captiva Community Panel David Mintz.

The issues of the day will be discussed, and the session leaders and



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 • Outdoor Living w/Fireplace & Kitchen  
**\$1,889,000** MLS 221086463  
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**SOUTH SEAS ISLAND RESORT**

**2635 BEACH VILLAS, CAPTIVA**  
 • "Captivating" Beachfront 3 BR, 3 BA + Loft  
 • Upgraded Furnishings & Fixtures  
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 • Long Water Views w/Direct Access  
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**MCGREGOR ISLES**

**393 PARKWAY CT., FORT MYERS**  
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**SANIBEL ISLAND**

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 • Private Lake View Setting  
**\$599,000** MLS 221009944  
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**SANIBEL HARBOUR YACHT CLUB**

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 • Easy Access, Minutes to Gulf  
**\$125,500** MLS 221067919  
 John Nicholson, McMurray & Members 239.849.3250



One of the happy recipients with Grampy of Grampy's Charities photos provided



## Community Partners Give The Gift Of Cycling

**T**hanks to support from Robbie's Riders, Grampy's Charities and Sanibel Captiva Community Bank presented 15 custom-made, adaptive tricycles, worth between \$3,000 and \$5,000, to Southwest Florida children with special needs. Representatives from all groups were on hand to present the tricycles at the bank's Bridge Branch on

Robbie's Riders, Grampy's Charities and Sanibel Captiva Community Bank representatives presented 15 custom-made, adaptive tricycles to local children with special needs and their families

College Parkway in Fort Myers.

"These custom-made, adaptive bicycles give remarkable children a level of independence and freedom," said Jack Johannemann, director of Robbie's Riders. "The joy of seeing these children ride a bike is immeasurable."

All the recipients were referred from Golisano Children's Hospital, GiGi's Playhouse and NCH Outpatient Rehab and are 4 to 13 years old. The children have various disabilities including Down's Syndrome, cerebral palsy and acute

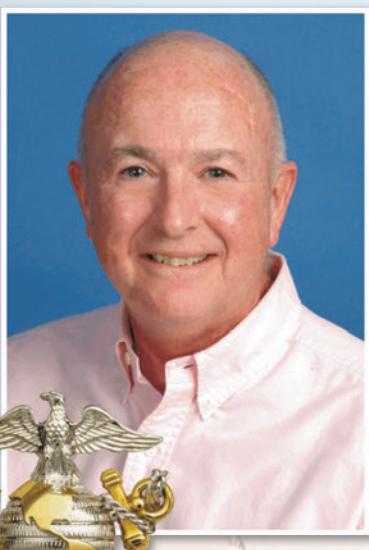
transverse myelitis.

The children benefit from general strengthening, new proprioceptive sensory input and improved reciprocal coordination of the legs by riding these tricycles. They can now participate in activities with their families and peers, and enjoy the childhood experience of riding a bike.

Robbie's Riders provides special adaptive bicycles and tricycles to children with disabilities, according to their individual capacities and needs. The

charity works to donate special needs cycles as quickly as they can raise funds to purchase them.

Grampy's Charities raises funds and support for children's organizations by partnering with comfort- and research-based charities to make a difference in the lives of children who need it most. The all-volunteer organization has donated more than \$3 million to children's charities over more than 25 years. For more information, visit [www.grampyscharities.org](http://www.grampyscharities.org).\*\*



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# BURNS family TEAM



1



2



3

## 1. BEACH HOME IN THE DUNES - SANIBEL

- 2 BR/2 BA home with updated kitchen, wood ceilings, and a spacious screened porch with views of the private backyard.
- Short walk to the clubhouse, 18 holes of beautifully manicured golf course, restaurant, tennis courts, pool, and nights of entertainment and fun.

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## 2. SHORT WALK TO THE BEACH - SANIBEL

- 3 BR/4 BA + den home constructed by Gulf To Bay Homes in prime location in the Beachview community
- Open kitchen, high ceilings, private pool with spillover spa and 2 story enclosure. All just a short walk to the deeded beach access

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## 3. SUNSET CAPTIVA 57 - CAPTIVA

- 2 BR/2 BA plus loft charming home with updated kitchen, vaulted ceilings, fireplace, and multiple lanais
- Community amenities include beach access, pool, tennis, shared dock, fishing pier, and more

**\$1,399,000 EURO 1,238,674**

## 4. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR, 3.1 BA home completely renovated with gourmet kitchen, soaring 2 story ceilings and incredible views
- Private office, library, formal dining room, private pool, 2 car garage, and more

**\$2,695,000 EURO 2,204,949**

## 5. Direct Access Basin Home on Limpet Drive - SANIBEL

- 3 BR/3 BA home on one of Shell Harbor's most sought after streets with wide boating basin & deep water direct access
- Private dock with composite decking & captain's walk, travertine pool deck with spillover spa, and new roof

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## 6. SUNSET CAPTIVA 30 - CAPTIVA

- 3 BR/2 BA + loft with large kitchen, multiple lanai's, updated bathrooms & top floor primary suite with private deck
- Community amenities include beach access, pool, tennis, shared docks, and more

**\$1,495,000 EURO 1,289,799**



5



4

6

## 7. JENSEN'S ON THE GULF

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## Tips For Keeping A Small Bathroom Organized

by Marcia Feeney



**W**ith the new year well on the way, now's a great time to not only reflect on the last 12 months but also prepare for the future. Many people take this time to set New Year's resolutions; coming up with goals that can inspire a brighter January and on can be an encouraging opportunity to start anew. For homeowners, this could mean revamping their current living space, or making moves to stay more organized.

Someone with a small bathroom, for example, may be interested in learning more about how to keep the space clean and organized and ensure the area is well-maintained into the next year. If this sounds like your current scenario and you need some guidance, we've got you covered.

Here are a few of our tried-and-true tips for keeping a small bathroom organized:

Make use of your wall space. When you're working with a small

bathroom, you'll find it difficult to create organizational methods from new standing systems because you're already limited when it comes to floor space. Your walls, however, can make it easier to put your space together and keep it that way.

Consider hanging accessories on your walls such as a towel rack, small shelves, shower organizer, or even a multipurpose mirror with storage to make for better use of your vertical space. This may not leave a lot of space for decor, but you can choose stylish storage options to make up for the lack of artwork and other pieces you would normally place on the walls.

Use storage containers in the cabinets. Your cabinetry is a useful space for storing items, but this area can also become a catastrophe quickly without a storage system in place. To prevent an avalanche of toiletries and other items you use regularly from falling into your lap every time you open the cabinets, create an organizational station with separators, drawers and small shelves. This is something a design consultant can help with; he or she can take specific measurements and ensure you have a precise storage system in your bathroom cabinetry.

Create a regular cleaning schedule. For some, getting organized isn't necessarily the problem. It's all about maintaining the cleanliness over time. That's why so many people tend to make organization a top priority on their list of new year's resolutions.

If you find yourself in this position,

set a goal to clean and organize the bathroom on a regular cadence. Whether it's every Saturday morning or a random afternoon during the week after work, making the time to straighten up every few days will ensure the space doesn't become a cluttered mess. Set a phone reminder or mark it on your calendar

to stay on top of this task. There's also an opportunity to create a small system under your sink specifically for easy access to cleaning supplies.

*Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindcden.com.\*\**

## Trust Company Sponsors Sanibel Holiday Concert

The Sanibel Captiva Trust Company sponsored the Fort Myers Symphonic Mastersingers Christmas on Sanibel, A Holiday Passport, held on December 19 at Sanibel Community Church. Under the direction of Artistic Director Shannon Arnold, the Mastersingers took the audience on a trip around the world of holiday songs from 14 different countries.

The trust company is a longtime supporter of the Fort Myers Symphonic Mastersingers pursuit of musical excellence through performance, education and community engagement. Jill Janda, president of the Fort Myers Symphonic Mastersingers said, "The Mastersingers truly appreciate the support of The Sanibel Captiva Trust Company and the leadership of Steve Greenstein.

Greenstein said, "The annual Christmas on Sanibel concert remains a free event for the community thanks



Fort Myers Symphonic Mastersingers tenor Chad Steiner with Steve Greenstein, executive vice president of The Sanibel Captiva Trust Company photo provided to sponsorship support, and we all look forward to next year's performance in December."\*\*

# HAPPY NEW YEAR

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\$899,000 furnished



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## PANORAMIC GULF VIEWS

Sanibel | 2BR+Den/2BA | Gulfside Place  
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On-Site Management | Furnished  
\$1,599,900 | MLS 2210891

**Teresa Baker | 472-5187 x 220**



## NEAR BEACH & ON A CANAL!

Sanibel | 3BR/2BA | Metes & Bounds  
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**David Schuldenfrei | 472-5187 x 227**



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Sanibel | Vacant Land | Lake Murex  
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## GRACIOUS PRESENCE

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**Mary Lou Bailey | 472-5187 x 246**



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Sanibel | 3BR/3BA | Golf Villages  
Beautiful & Spacious | Breathtaking Views  
Impact Glass Enclosed Lanai | Elevator  
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**Becky Mulka | 472-5187 x 204**



## DIRECT GULF-FRONT TARPOON BEACH

Sanibel | 2BR/2BA | Tarpon Beach  
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**Karen Bell | 472-5187 x 270**



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Accessible by Boat | Lush 47 Acres  
In the Middle of Caloosahatchee River  
\$7,200,000 | MLS 2210743

**Tina DiCharia | 472-5187 x 259**



## GULF & LAKE VIEWS

Sanibel | 2BR/2BA | Pointe Santo  
Ground Floor Walkout | Furnished  
Great Amenities | On-Site Maintenance  
\$1,300,000 | MLS 2210923

**David Schuldenfrei | 472-5187 x 227**



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## Zonta Spreads Cheer With Grant Distribution

submitted by Katrina Wilhelm

**U**sing Margaret Mead's inspiration, "We are at our best when we serve others," the Zonta Club of Sanibel-Captiva, through its foundation, awarded grants to local nonprofits at its mid-December meeting. As we all know, 2021 has been a challenging year for fundraising. However, with two online auctions and generous gifts from benefactors, Zonta was able to award checks for local grants totaling \$58,500. Zonta also budgeted \$6,500 to Zonta International for global initiatives.

Zonta changed the timing of the grant distribution, moving it forward to mid-December, and the focus of this year's empowerment grants was based on training, education and/or affordable housing; the same rigorous, time-honored selection process was used by Pam Eccles and Marianne Ravenna, chairs of the grants committee.

For 2021, local projects supported by Zonta grants are:

Abuse Counseling & Treatment (ACT): continuing economic empowerment program;

Angel Wings: Aiding homeless women with financial literacy and housing funds;

Children's Network of Southwest Florida: support for 18-year-olds aging



Representatives from local organizations who attended the grants distribution meeting on December 15

photo provided

out of foster care;

Community Housing & Resources (CHR): Educational support and emergency funds for female residents;

Dr. Piper Center for Social Services: Foster grandparents' program uniting seniors and children with special needs;

Dress for Success Fort Myers: Help for women seeking employment or entrepreneurship;

Earn to Learn: Assistance with college or trade education for women;

FISH of SanCap: Emergency medical

or dental care for female clients;

Goodwill Industries of SW Florida: Micro-enterprise institute promoting economic independence;

Habitat for Humanity Lee County Women Build: Help with building homes for female heads of household;

Organizacion Internacional de Latinos en el Exterior SWFL (OILE): Healing Stitches program and language skills for immigrant women;

PACE Center for Girls Lee County: PACE day, field trip to state capitol;

Partners for Breast Cancer Care: Mammograms for women in at-risk communities;

Pelican Community Center: Programs for at risk youth in Collier County;

SalusCare: Economic empowerment

for women in recovery.

The holidays provided some service opportunities for Zonta in Lee County. Many Zontians helped sort and wrap toys for the Dr Piper Center's Christmas celebration and served as elves on Christmas morning, handing out toys and presents to underprivileged Lee County youth.

The fundraising committee is brainstorming new ideas in this changed world, in the event that the traditional "Peek" may not happen again in the foreseeable future. Zonta's challenge will be finding another enjoyable, profitable campaign to fund its important mission.

For information about the Zonta Club of Sanibel-Captiva, visit [www.zontasancap.org](http://www.zontasancap.org).\*\*

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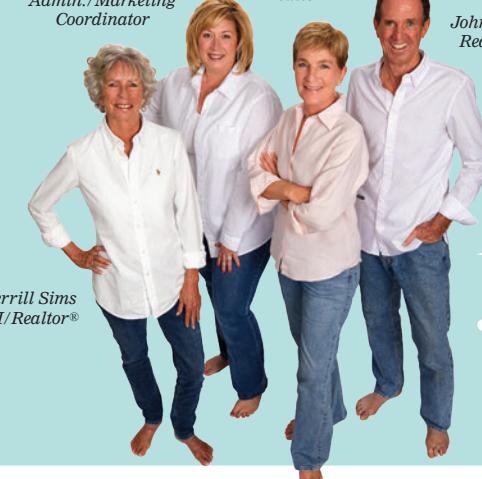
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## New Year's Tips for Your Estate Plan



by Craig R. Hersch, Florida Bar Board Certified  
Wills, Trusts & Estates Attorney; CPA

**A**s we turn our calendars to 2022, tradition dictates that we make New Year's resolutions. What are yours this year? Is it to lose weight? Give up self-destructive vices such as smoking or drinking? Allow me to suggest seven estate planning to-dos that shouldn't be ignored:

7) Update Your Will – That will which sits in your safety deposit box. Yeah, we know, the one that names your sister Nancy to act as the guardian for your children who are now in their 40s, desperately needs to be updated. Your family and financial circumstances have significantly changed since then, notwithstanding the fact that you no longer reside in Michigan where it was drawn up.

6) Sign a New Durable Power of Attorney – This document needs updating just as much as your will does, and may be more important to you than your will! That is, at least if your will is a problem it doesn't affect you – after all, you'll be dead! You'll just leave a mess behind for your loved ones. But your durable power of attorney affects you. If you become incapacitated and don't have a valid durable power of attorney document that names someone who can write checks, pays bills and manage your financial and legal affairs, the alternative is a court ordered guardianship. That's no fun and can be insanely expensive.

5) Take a Look at your IRA and 401(k) Beneficiary Designations – It could be a real downer for your current spouse to discover that your former spouse is still named as the primary beneficiary on your IRA and 401(k) accounts. Another bummer is when your stock broker switched firms and forgot to have you update the beneficiary documents. When that happens, the Custodial Agreement controls who gets the IRA or 401(k). Have you ever read your Custodial Agreement? It's the thin onion skin paper thingy that comes in the mail when you opened your account. The one you threw out along with the prospectus to all the mutual funds. What the Custodial Agreement may say is that your estate becomes the beneficiary if you don't name one. Federal tax law – our friends at the IRS – shout with glee when your estate becomes your beneficiary because upon your demise, your entire account becomes immediately taxable as income.

4) Update Your Health Care Directives – Unless you wish to become the next Terri Schiavo, you should strongly consider signing a new living will and healthcare surrogate.

You may remember the Dunedin, Florida woman who was on life support for 15 years. Schiavo's court case between her husband, who insisted that she would have wanted to remove the food and water tubes, and her parents, who argued she wasn't in a persistent vegetative state, resulted in a political and media circus involving the United States Congress and the Supreme Court. I don't know about you, but one of my lifetime goals does not include having my private healthcare matters being mentioned by our esteemed congressmen and senators preening for votes on national television.

3) Dust off your Life Insurance and Annuity Beneficiary Designations – For many of the same reasons I mention in number 5 previously, it's a good idea to dust off the beneficiary designations to your life insurance and annuities. If you have any chance of having a taxable estate for federal estate tax purposes, now may be a good time to investigate removing the life insurance from your taxable estate by using any number of strategies, including an irrevocable life insurance trust (ILIT). If you already have such a trust but don't have all your "Crummey notices" (the ones that made the contributions to the ILIT tax free) saved in one place, gather them together and give them to your estate attorney so that he will have copies in case they are ever needed. When might they be needed? Not until your death when your estate tax return is audited. By then, you obviously won't be around to tell everyone where they are. Save your friendly attorney (not to mention your family affected by the taxes that our friends at the IRS may impose when the Crummey letters can't be verified) from the stress and organize the file.

2) Make a Tangible Personal Property List – Believe it or not, it's usually not the money or real estate that the kids fight over. Those things can be divided up rather easily. It's the heirlooms that cause the most strife. Dad's baseball card collection. Mom's engagement ring. The painting on the wall. Creating a list of who is to get what can avoid some heated arguments in the stress of losing a parent.

1) Make General Lists – Do those important to you know where your financial accounts are located, how to log in to your accounts online or which bank branch your safety deposit box is located? All sorts of personal information might be very difficult to find in the event of your incapacity or death. Unless your son is Sherlock Holmes, it's a good idea to let them all know where these important documents and items can be found.

Just as most of us give up on our resolutions by January 2, do yourself (and your loved ones) a big favor. If you haven't taken care of these matters, try your best to do so. Unlike losing weight or getting more exercise, you can delegate most of these tasks among your advisors, such as your friendly estate planning attorney, accountant and financial advisor.

Have a Happy and Healthy 2022!

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From left, Jonatha and Jim Castle of Grampy's Charities presenting a \$10,000 donation to tournament chair Lisa Newmeyer-Cochrane and tennis pro Toni Halski photos provided

## SCCF Tournament Raises Over \$41K

There were 92 entries for doubles play in the Sanibel-Captiva Conservation Foundation (SCCF) 29th annual tennis tournament, held on November 13 and 14 at Beachview Tennis Club. Organizers thank club owners and tennis pro Toni Halski for hosting the event, which raised over \$41,000.

Sponsors were Grampy's Charities, Jeanette Mihaly, Todd and Barb Bluedorn, Barbara Chappell, Franz and Carolyn Bidinger, Bruce and Antonette McDonald, Terri Kuhl, Bill and Tori

Burch, and Crystal Smith.

Food donations were provided by Blue Giraffe, Doc Ford's, Lazy Flamingo, Matzaluna and The Timbers, MudBugs, Sanibel Deli and Traders.

Raffle prizes were provided by Annie Wellauer, Beach Daisy, Coco y Cabana, Congress Jewelers, Gill and Jean Royal, Her Sports Closet, Island Pursuit, Junonia Cottage, Luc Century, MacIntosh Books & Paper, Priscilla's of Sanibel, Rosie's Deli, Spoondrift and Why Knot. Elaine Parente, Bev Webb, Mary Meyer and Jonatha Castle gathered the prizes.

Deb Stewart, Diane Neitzel, Heather Deiner, Koni Schiller, Mary O'Neill and Bruce Cochrane also pitched in.

The 2022 tournament is scheduled for the second weekend of November.\*\*



Men's 3.5 finals Basil Rudawsky, left, and Ken King, right, pictured with Deb Stewart, defeated Bob Orr and John DeFrancisco, (not pictured) 6-2, 6-1



From left, Men's 4.0 finals Luke and Jeff Blackman defeated Mark Andrews and Tony Fitipaldi 6-4, 7-6

## How's The Market? Ask Ann

### Why the Price Difference?

To better serve my clients, my goal is to personally view all new listings on Sanibel. For example, I was able to see two newly listed units at Sand Pointe, both in the "2" building, listed at \$1,099,000 and \$1,125,000. Other competing listings are Tarpon Beach at \$1,095,000 and \$1,350,000 and Pointe Santo Unit D5 at \$1,300,000. I have been in all three. Noted, there is a price difference of \$255,000. In many cases, it is justified. View of the Gulf has a major effect on pricing, up to \$300,000. Recent (less than 2 years) updating adds another \$200,000 including kitchen, baths, flooring and furniture, and impact windows. Floor level may also be a factor. One buyer will pay for an upgraded unit and another may want to do these upgrades themselves. Selling? Save between \$12,000 and \$15,000 by listing with me. Buying? I will pay for your Home Inspection. Stay Healthy and a Happy New Year.



Ann Gee  
Broker/Owner

### 8 Closed Sales Going Back One Week: 5 Homes & 3 Condos

724 Donax St. #10 Donax Village - \$555,500

627 Nerita St. 3E Coquina Beach - \$875,000

719 Durion Ct. - \$995,000

1187 Sand Castle Rd. - \$1,200,000

2929 West Gulf Dr. 106 Atrium - \$1,700,000

1511 Angel Dr. - \$1,996,000

375 East Gulf Dr. - \$2,900,000

1320 Sea Spray - \$3,765,000

Have a good week and call me with any comments or questions.

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Mixed 3.0 finals Joel and Cathy Vogel, right, defeated Chris and Randy Beckner, left, 6-1, 6-1



Mixed 3.5 Bob Goodykoontz and Audrey Clark, right, defeated Laura DeBruce and Jeff Blackman, left, 6-0, 6-4



Women's 4.0 finals Jane Ranier and Pam Hilbers, right, defeated Nancy Watts and Mary O'Neill, left, 6-3, 6-2 (pictured with tournament chair Lisa Newmeyer-Cochrane, center)



Mixed 4.0 Basil Rudawsky and Rebekah Moyle defeated Missy Rothweiler and Bob Orr (not pictured) 6-2, 6-1

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## Frankly Speaking

by Howard Prager



**F**rom this columnist's perspective, these seven factors will have a long reaching effect on sports.

1) Coronavirus. Wars did not shut down sports, recessions did

not shut down sports, COVID did, and continues to play havoc. As of this writing, four bowl games have already been cancelled due to COVID, not to mention countless regular season NBA and NHL games. COVID doesn't appear to be going away and is going to have a continuing impact on sports until athletes, owners and fans figure out how to stay safe.

2) For NCAA athletics, it's all about a five-letter word: money. The next four factors are what I feel are the biggest ones, starting with student athletes getting paid. The impact of this is still being seen as college athletes are able to accept payment for ads, endorsements and other "work." Several ramifications of this. What constitutes work? Being paid a big sum to show up at Big Donor's birthday? How this will be monitored in the future is anyone's guess. Mike Hankwitz, former defensive coordinator for the Northwestern Wildcats, said the impact on team sports can be devastating. "Because you need a team out there supporting you, it's not a one-person show. So if you get paid and your offensive linemen and others that support you don't, then what?" Hankwitz also feels that tuition, room, board and a degree are not to be sneezed at, but that train has left the station. He'd ideally like to see the money split among athletes on the team.

3) NCAA transfer rules. The last year has seen players transferring immediately

from one school to another without having to sit out a year. This opens up player movement between schools. That means recruiting never stops, especially of three-, four- and five-star athletes. If they expect to be a starter at Alabama and are sitting on the bench, they may want to be a starter elsewhere and prove themselves. They are game to be "poached." Although no one has been accused of poaching yet, that's bound to happen in the wild west of transferring athletes.

4) The new look of conferences. All other conferences realize the SEC is the big cheese in college football, and they're getting bigger adding Texas and Oklahoma in a few years. So much for it being "southeast." An alliance of sorts with the ACC, Big Ten and Pac 12 was created in part to counter the power of the SEC, with agreements not to poach athletes from one another. What's next? As teams leave smaller conferences (in terms of TV viewer size), location will no longer matter. This will boil over in the coming years, as television revenue pours into the league(s) with the largest number of viewers and top-ranked teams.

5) College Football Playoffs (CFP). Once again the NCAA puts off making a decision. My guess is an eight or 12 team single-elimination series will eventually happen based on strength of schedule. How it's going to look, what will happen to other existing bowl games, and what teams will be accepted (especially from non-FBS conferences) is to be decided. I do predict that in 2022 the NCAA will vote to move in this direction.

6) Mental health. With Simone Bile and Naomi Osaka both calling time-outs on the biggest of stages, the Olympics and French Open, the mental and emotional health of athletes and the pressure they are under is taking center stage. They weren't the first. In 2018, Olympic swimming champion Michael Phelps talked about how he struggled with ADHD and depression and is now a mental health advocate. Now that it's out in the open even more, I believe it's

going to make its way throughout sports and become an important issue.

7) The MLB lockout. What's this about? Money! Owners want to expand the postseason and pocket the additional revenue. They are offering players a 154 game season and a universal DH. (Excuse the choking sound as I write this.). The owners want to maintain the status quo in terms of years of service and free agency. Players don't want others held back in the minor leagues so they can get an extra year of service, such as the Cubs did with bringing Kris Bryant up midseason instead of at the beginning of the year. The union wants this to stop, they want to see younger stars earn more and want to keep teams from purposely "tanking," (i.e. selling/trading star players in order to lower payroll and get higher draft picks) according to SB Nation. "Players want to see a way this process is stopped and teams are incentivized to pay players a fair wage." Baseball is already working overtime to gain younger viewers and a long lockout can only hurt. I hope this all gets resolved before spring training.

The good news story of the week comes from the Good News Network. Earlier this month, Nelson Rego, a blind goalkeeper who plays for the Edmonton Seahawks in a blind hockey league that has a beeping puck, got to play in a regular rec hockey game when one team lost their goalie for a game and were

desperate for a replacement. Nelson asked if they would consider him, and the team immediately said 'yes.' The players didn't let the refs know until the puck dropped. To ensure he's centered in the net, Nelson "taps his stick on the right side and his glove off the left," he explained. "As long as I don't drift far from the net, then I know where I'm at." According to Rego, his hearing is "tuned" and that's how he gauges his play strategy. "The cues that people with their vision see, I pick up on those subtle cues with my hearing." At the same time, he closely follows audio instructions from his wife Emelinda, who relays the action from the stands.

The result? They lost 9-8. "They made no accommodations for me," Rego added. "It was just like being one of the guys on the team and that whole comradery thing that you get with a team, that's the thing that I really love the most." Rego said playing in that game was a huge moment for him as it brought awareness to blind hockey. "Anything you set your mind to regardless of the obstacles, it can be done." May we all set our sights higher for the coming year.

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.\*\**

## Trust Company To Open 2022 Speaker Series

**T**he Sanibel Captiva Trust Company will open its five-part speaker series on Wednesday, January 12 with Dr. Susan O. Cassidy of CriticalMD, who will present Advanced Medical Planning – Stay in the Driver's Seat. All programs will run from 10 to 11:30 a.m. at The Community House, located at 2173 Periwinkle Way on Sanibel.

"Personal medical planning is very important, as it provides a road map for 'in-the-moment' decisions when you

are unable to make them," said Jeffrey A. Muddell, office president and wealth services advisor at the trust company. "It ensures you have the kind of care and living situation you desire when you can no longer make the choice on your own."

Learn how to protect yourself and your intended heirs from financial and estate planning abuse in the second program, Hijacking Your Inheritance, scheduled for Tuesday, February 1. The program will be led by Jamie B. Schwinghamer, probate trust and guardianship litigation with Roetzel & Andress, and T. John Costello, Jr., JD, fiduciary services at the trust company.

The series continues on Friday, February 25 with Community Property continued on page 46

## SPORTS QUIZ

- What team selected 17-year-old Jermaine O'Neal in the first round of the 1996 NBA Draft?
- Name the ESPN game show that had contestants taking on statistician Howie Schwab in a showdown of sports trivia knowledge.
- During the 2012 and '13 seasons, what Cincinnati Reds pitcher threw the 279th and 280th no-hitters in Major League Baseball history?
- What legendary Dutch striker played for Manchester United (2001-06) and Real Madrid (2006-10), and scored 35 goals for the Netherlands national team from 1998-2011?
- Name the Tennessee Titans wide receiver who scored the winning touchdown versus the Buffalo Bills in the Music City Miracle AFC wild-card playoff game in January 2000.
- What World Golf Hall of Famer was the first Mexican golfer – either male or female – to achieve the world No. 1 rank?
- What short-lived Marvel Comics series, first published in 1991, centered on an ex-NFL player who derived special crime-fighting powers from spilled chemicals and a nearly indestructible football uniform?

## ANSWERS

1. The Portland Trail Blazers. 2. Stump the Schuwa. 3. Homer Bailey. 4. Rudy van Nistelrooy. 5. Kevin Dyer. 6. Lorena Ochoa. 7. NFL SuperPro. 8. The Summertime Blues. 9. Lorena Ochoa. 10. Rudy van Nistelrooy.

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From left: Jane Henshaw and Sean Pierce, outgoing board members; with Scot Congress, board president; and Sam Ankerson, executive director  
photo provided

## Shell Museum Honors Outgoing Board Members

The new year brings some changes to the volunteer leadership at Bailey-Matthews National Shell Museum. Two new board members have been added, while two are outgoing.

The board recently celebrated the successful tenures of members Jane Henshaw and Sean Pierce, who ended their terms.

"We are grateful for the six years of dedicated service both Jane and Sean provided our board of trustees, and they will remain a valuable part of the museum's family," said Scot Congress, museum board president. "We have made so much progress under their leadership, and the museum will be forever grateful."

Two familiar faces on the islands, Clair Beckmann and Barbara Ellis, will join the board in the new year.

Beckmann spent the bulk of her career as regional president for JPMorgan Chase in Boulder, Colorado where her background was in commercial lending. She was the youngest and first female bank president

in the state of Colorado when she assumed the helm of the First National Bank of Louisville in the mid-80s. Upon retirement from banking, Beckmann was the planned giving officer for Boulder Community Hospital as she transitioned to snowbird between Colorado and Sanibel Island over a period of seven years. Beckmann is active in the Sanibel-Captiva Rotary Club, Sanibel-Captiva Shell Club and FISH of SanCap. She returns to the board of the shell museum after previously serving from 2008 to 2013, including a term as president.

Ellis was raised in Maryland and spent most of her career with Baltimore County Public Schools. She served as principal and also assumed the directorship of 23 elementary schools, six middle schools and four high schools. Following retirement, Ellis was invited to join the Towson University faculty to teach graduate leadership courses and increase graduate school enrollment. During her five years at Towson, she coordinated the school administration master's degree for school personnel in Shanghai, China. Since moving to Sanibel, Ellis has served as a meal coordinator at FISH and has served on the trust and club boards for Sanibel-Captiva Rotary.\*\*

## Memory Impairment Workshop

FISH of SanCap, in partnership with Captiva Civic Association, will host a Memory Impairment Workshop on Wednesday, January 5 beginning at 10 a.m. The workshop, led by the Dublin Center, will be held in person at Captiva Civic Center, 11550 Chapin Lane on Captiva, and in virtual format via Zoom.

The Dublin Center provides assistance and support to persons with Alzheimer's and related dementia and their caregivers by offering assistance through information and referrals, counseling, health education

and crisis intervention. Participants will gain insight into what it is like to live with a memory impairment and how to navigate through the challenges of caring for someone with a dementia-related illness.

Jennifer Pagano of FISH said, "This is an opportunity for anyone who is caring for or knows someone with a dementia-related illness to learn more about specific needs. Information about care, behaviors, resources, living arrangements or daily challenges will be openly discussed, with time allotted for questions and answers."

For those wishing to participate virtually, contact FISH at 472-4775 for the Zoom link. Attendees at Captiva Civic Center are required to wear masks or face coverings when inside the building. Social distancing is encouraged at all times.\*\*

## De-ionized Water Leaves your Windows Spotless



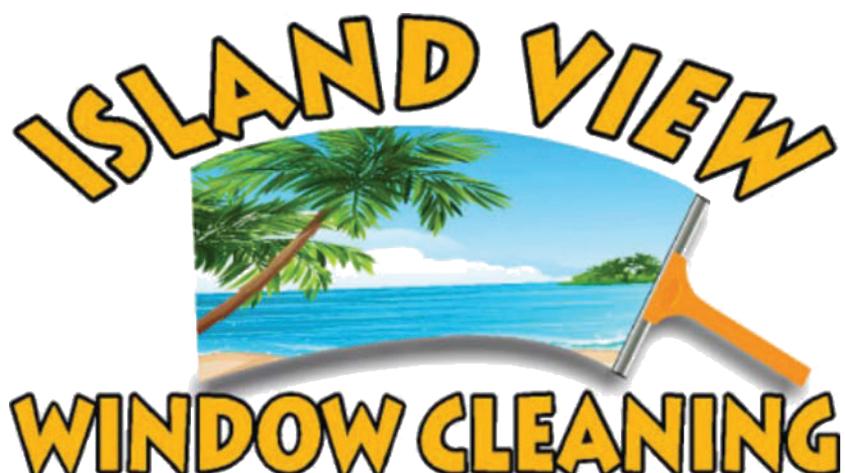
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**Health First**

# Tips To Help Keep Your New Year's Resolutions



by Julie Rosenberg, MD

**T**his week, we conclude 2021 and usher in a new year. As we embark upon 2022, many of us have made promises to do something (or more than one thing) differently this year.

What about you? Did you make a New Year's resolution? More than one?

We often make resolutions for meaningful change in the new year and then break them by the end of January. In fact, 80 percent of New Year's resolutions fail by the second week in February. It's also been shown that setting a goal makes you 10 times more likely to be successful. So, despite the high failure rate, it makes sense to state your intentions for the new year.

If your resolution is to take better care of yourself and get healthier, I want you to succeed in 2022. However, health-related goals, especially those around losing weight and exercising more, are often highly restrictive and/or unsustainable, so people give up quickly. In this initial article of 2022, I offer seven tips to help you

make those important resolutions stick.

1) Set realistic goals – It's highly likely that you will fall short of your goal if you make it unattainable. In other words, if you've had a sedentary lifestyle, making a goal of exercising vigorously for 30 minutes five or six days per week may be out of reach. How about, initially, commit to sitting less and moving more. Commit to some form of movement that you enjoy (walking, running, bicycling or dancing) three days per week. If you are trying to lose weight, instead of starting another diet in the new year, make a goal to add more fruits and vegetables to your diet, and to eat more whole foods and fewer processed foods.

2) Outline and commit to a plan – Outline a plan such as taking a 30-minute walk three days per week, or cooking a healthy dinner at home on a specific days per week (instead of aiming for every day). Write your plan in a calendar (either a paper or digital calendar will suffice, depending on your preferences). Refer to it often.

3) Track your progress – Keep track of your progress. Short-term, attainable goals are much easier to keep, so start small. Tracking your accomplishments day-to-day and week-to-week will help to keep you motivated. If your goals are fitness related, consider keeping an exercise journal, and if they are diet-related, consider keeping a food journal.

4) Reward yourself – Periodically, celebrate your success by doing something for yourself that does not contradict your resolution. For example, if your goal is to exercise more, consider buying new

fitness clothing or a new pair of walking or running shoes. If your goal is diet-related, treat yourself to a healthy cooking class, buy a new cookbook or schedule something that is not food-related, like a massage.

5) Don't beat yourself up when you have a setback – Setbacks are inevitable. An occasional slip will not preclude you from achieving your goals. Don't despair, just recommit and work to get back on track.

6) Tell your friends and family about your goal – Friends and family can help to cheer you on as well as hold you accountable for achieving your goal.

7) Stay the course – Scientific research suggests that it takes an average of 66 days for a new behavior to become a habit. In achieving and maintaining

a new habit, it helps to have internal motivation, such as a strong desire for self-improvement. You must also commit to staying the course. Persistence and patience are key.

In conclusion, you're never too old or too out-of-shape to make healthy lifestyle changes. Commit to a long-term healthy lifestyle, not a quick fix. Meaningful health-related changes do not occur overnight, but they are worth the effort and may add years to your life.

*Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at [www.drjulierosenberg.com](http://www.drjulierosenberg.com). For consulting and speaking requests, email inquiries to [info@drjulierosenberg.com](mailto:info@drjulierosenberg.com).*

From page 44

## Speaker Series

Trusts, which will cover Florida's new community property law that may allow couples who own property and are domiciled in Florida a serious tax advantage. This presentation will be led by Peter Knize, JD, LLM, fiduciary services at the trust company.

Remaining programs include Green Energy's Day in the Sun on Tuesday, March 15 with Timothy Vick, director of research at The Naples Trust Company; and Seven Deadly Financial Sins on Tuesday, April 5 with The Sanibel Captiva Trust Company's wealth

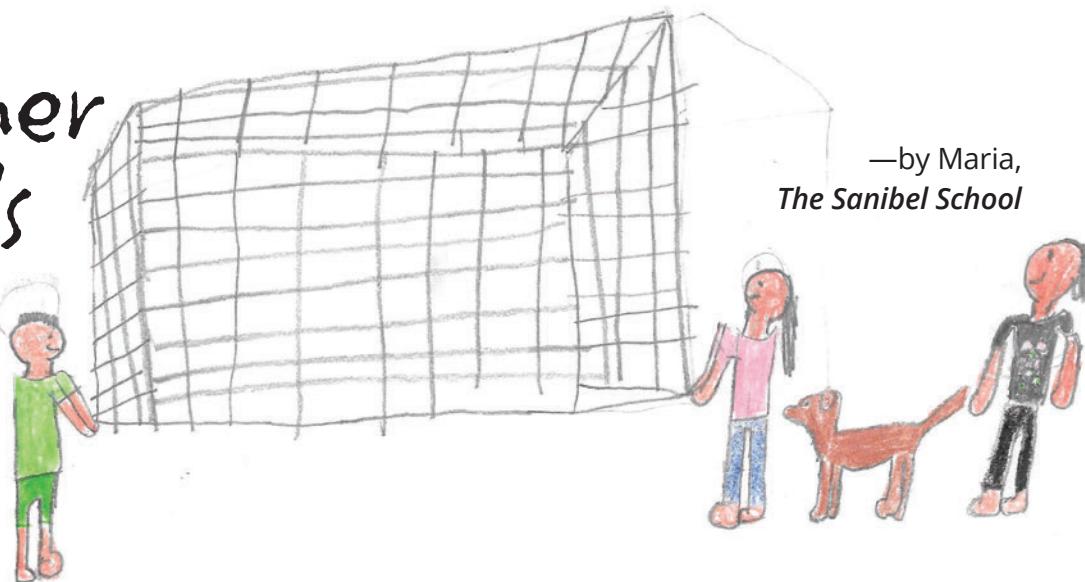
services team.

"We are delighted to bring back our speaker series, which is designed to bring relevant and trending information to our clients and community," said Steven Greenstein, executive vice president and wealth services advisor at the trust company. "We invite you to join us."

A continental breakfast will be served starting at 9:30 a.m. COVID-safe practices and spacing will be in effect.

Reservations are required for these complimentary programs. Available for attendees with \$2 million in investable assets and higher. RSVP to Frances Steger at [fstege@sanctcaptrustco.com](mailto:fstege@sanctcaptrustco.com) or call 472-8300.\*

# Me and my brother carrying my dog's crate outside to be donated.



—by Maria,  
*The Sanibel School*

In honor of FISH's 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.

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dearPharmacist

# Five New Medications Approved In 2021



by Suzy Cohen, RPh

**Dear Readers:** Here are the top five new medications that hit the market in 2021. There were two over-the-counter (OTC) drugs approved

in 2021, however one of them has already been recalled so I am not including it here. I will note whether a drug is prescription or OTC beside the name. My column is printed in various languages, so I apologize that I've only listed English brand names, please ask your local pharmacist for translations.

Happy holidays. Love, Suzy

Nextstellis (Drospirenone with Estetrol) Tablets, Rx – This is the first plant-based birth control utilizing estetrol, which is the first type of new estrogen approved in the last 50 years. It's therefore environmentally friendly, however that comes at a cost... about \$300 a month. Like other oral contraceptives, there's a warning about them being less effective if you have a body mass index (BMI) of 30 or higher (ie obese), therefore a second method of contraception may be desired. To be scientifically correct, I want to say that estetrol is actually made by humans (a fetus), but that is not the source used in the medication.

Verquvo (Vericiguat) Tablets, Rx – This medication is useful for people who have a high risk of hospitalization due to long-lasting heart failure. It improves their outcomes. The pills are taken once daily. This medication should not be used in pregnant women. Furthermore, its mechanism of action is unique. It stimulates an enzyme that works along the nitric oxide pathway, and that in turn improves cardiac contractility among other things.

Lastacraft (Alcaftadine) Ophthalmic solution 0.25 percent, OTC – This

medication is for itching of the eyes due to allergies, pollen and dust. Alcaftadine is an antihistamine and blocks a certain allergy chemical (histamine) that typically triggers itching and irritation of the eyes. Take contact lenses out before applying.

Aduhelm (aducanumab-awwa) Injection, Rx – This medication was fast-tracked in 2021 and approved by the FDA in June 2021. It was probably the most controversial approval in history because, for the first time ever, the medication was FDA-approved based upon a biomarker (levels of beta amyloid protein), versus clinical outcome. In other words, the drug was not approved because it could improve cognitive symptoms, it was approved because it can reduce the protein known to progress Alzheimer's disease. It was tested on over 3,400 people prior to approval, and the FDA reserves the right to recall the drug on or before 2030 if it fails to show clinical benefits. Again, that part wasn't studied, it was approved because it clearly lowers a "bad" lab marker.

Qelbree (Viloxazine) Tablets, Rx – This is a non-stimulant drug used to treat attention deficit hyperactive disorder (ADHD) and it's given once daily. The medication was approved for use in children age 6 to 17 years old. There is more information at the medication's website regarding its interaction and safety profile which you should read and discuss with your doctor, especially if your child has signs of depression.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*

## Help For Addicts

Narconon reminds families that an addict or alcoholic does not need to hit rock bottom before they reach out for treatment. Get them help now, so you don't lose your loved one.

For more information, visit [www.narconon-suncoast.org/blog/the-concept-of-hitting-rock-bottom.html](http://narconon-suncoast.org/blog/the-concept-of-hitting-rock-bottom.html). Call 1-877-841-5509 for a no-cost screening or referral.

## Got A Problem? Dr. Connie Is In

by Constance Clancy



**Q:** My mother tends to operate with the glass half empty. Can you give me some suggestions on how to help her shift to a more positive person?

**A:** Your mother's behavior may be largely subconscious

behavior that was programmed into her from early on. She may sound like a redundant broken record. Her mental chatter of her ego is what psychologist Carl Jung referred to as "psychic tension." We all have a tendency to go there at times. There is a way to convert this tension to positive affirmation. Jung referred this as "psychic equilibrium."

It is reprogramming the tension by positively affirming a thought that releases the psychic tension. It's like changing a song from one we don't like to one we do. It's switching from the ego to the essence of the soul.

It does take practice and consistency to continually transform negative thoughts to positive optimistic thoughts. The following steps can guide you to

help your mother with this shift:

Help your mother become aware of her thoughts. When you are in a difficult situation, access the situation and what those thoughts were before they developed.

As you help your mother develop her awareness of these negative thoughts, especially in difficult situations, create a positive thought to replace the negative thought, and help her give her energy to the positive thoughts. Help her focus on what she wants.

Tell your mother that what she focuses on expands. We attract into our life what we focus on the most. It only makes sense that when you choose to focus on something positive, the positive prevails.

It's important to focus on what you want than what you don't want.

Keep in mind the goal is to raise our level of mindful awareness and this will help assist with keeping the positive in the moment.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\*\*v

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# Positive Intelligence



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**P**ositive Intelligence. Have you heard this term? We are reading a book with this same name by New York Times best-selling author Shirzad Chamine, who is the CEO of the largest coach training organization in the world. The goal of his program is to help every human build mental fitness so they can fulfill their true potential for both happiness and contribution in life."

We have spoken in prior Dr. and Dietitian articles about the fact that our brains are becoming weaker, and so are the brains of our children. At Caring Medical, we see patients developing conditions at far younger ages than ever. We have discussed the fact that due to the "facedown lifestyle" that many are

currently living, they are experiencing things like brain fog, decreased mental energy, depression, anxiety, fear, panic and all sorts of other symptoms. Many of these symptoms result from structural issues where various instabilities in the cervical (upper) spine are pinching on nerves and blood supplies. Once these structural issues are eliminated, people get tremendous relief. However, many then need to work on strengthening their mental fitness, as it has become tremendously weak.

Just as we exercise our physical bodies to maintain a good weight, keep our heart and lungs strong, and remain active/mobile, we also need to exercise our brains. As you know, this starts, in our opinion, with turning off the television, shutting off the cell phones, unsubscribing to social media and working on actual real relationships and experiences in real life. Disconnect so that you can connect. You will be amazed at how good you feel.

In addition, working on positive intelligence can improve mental fitness. In order to accomplish this, we must build powerful habits that will result in a positive mind (versus a negative mind). With New Year's resolutions looming, many will make promises to themselves, only to find that a new habit does not form, and they are back to doing what they used to do. The ability to maintain a change toward a positive mind requires laying down neural pathways to form new habits through consistent daily practice, just like physical exercise. The book, *Positive Intelligence*, discusses this, in addition to their helpful

app that you can download on your phone. This app helps you establish mental muscles by providing short mental exercises you can do that will fit into a busy lifestyle. These kinds of things are okay to do on your phone.

One of the key factors for developing a positive mind is to gain awareness as to what causes you to go to the dark side. In this book, Chamine calls these our saboteurs. Saboteurs are different for each person. But what they do to us is the same – they hijack our thoughts, feeling and actions, exposing us to lies, limiting our beliefs and fooling us into negative thinking. The opposite is our sage muscle or our good side – the place where we can take a problem or challenge and turn it into an opportunity or look at it as a gift instead of a negative, anger-producing, anxiety-ridden event. By treating the root cause, we can train our brains and even

rewire our thinking.

It has only been a week since we started the six-week program from *Positive Intelligence*. But prior to that, we have been working on this same concept through a prior course we attended at Sanibel Community Church. The bottom line is that if you want to make some changes in how you think, act and live, you have to have a plan. Nothing just happens. Our brains are constantly under attack. It's time to fight back – with positive intelligence. More to come.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.\*\**

**Beautifulife:**

## Sparkle



by Kay Casperson

I recently attended a Christmas party and wore a shirt that read, "Don't worry, just sparkle" in shiny, sequinned letters. Many commented about it and loved the saying. I started to think about the

word sparkle and what it means to do so. There are two definitions of sparkle; one is to shine brightly with flashes of light and the other is to be vivacious and witty. I think that we can come up with even more ways to sparkle to make your new year the brightest and shiniest year of your life.

It is always beautiful to see a newly engaged person show off their sparkly diamond. We can all find a time to dress up in something that sparkles this time of year. It is fun to see homes and businesses lit up with sparkly lights during the holidays. Yet, more important than all of that, how great does it feel to sparkle from the inside out, truly? But, how does that happen? How can we ensure that we brighten it up and shine when we walk into a room?

First and foremost, know who you are and own it. Be confident in your personality, how you dress and with whom you spend your time. Realize that what people think of you does not matter as much as what you feel about yourself and your life.

Next, make sure that you let go of anything that does not encourage you, help you grow or compliment you. For some reason, we tend to hang on to things and people way too long that do nothing for our growth.

If your life story needs to change, remember that you are the author and can do so. If you have too much stress, run in many directions, are often worried or lack joy, it is time to take charge. Making positive adjustments in your life will influence your sparkle. Some of these

changes are not easy, but they may be necessary for your ultimate health and happiness.

And finally, embrace your beautiful life today. Don't wait for a certain age to embrace life and to appreciate not only your surroundings but your loved ones. Start today by acknowledging every single blessing that surrounds you. Your sparkle needs to start now.

My affirmation for you this week is:

"I will get my sparkle on to stay inspired and to inspire those around me today and every day."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.\*\*

## Chronic Pain Workshops

**L**ee Health, along with the Self-Management Resource Center (SMRC), is offering a research-based chronic pain self-management program either virtually or on location beginning in January. The workshop is free and meets weekly for six weeks.

Sessions for the It's All About You program will be held at Hope Lutheran Church on Wednesdays, beginning January 12, from 1 to 3 p.m. Virtual sessions will be held on Fridays, beginning January 14, from 9:30 to 11:30 a.m.

Information presented in the virtual workshop can help participants become empowered to improve their quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to health eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

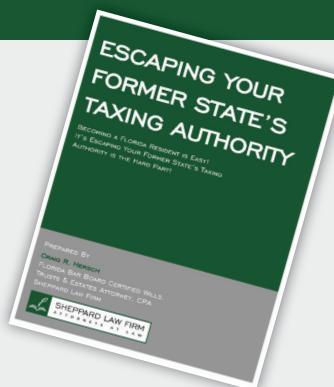
Hope Lutheran Church is located at 25999 Old 41 Road in Bonita Springs. Call 424-3121 for more information.\*\*

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## PUZZLES

Answers on page 54 and 55

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Terrain

**HATER**

Rush

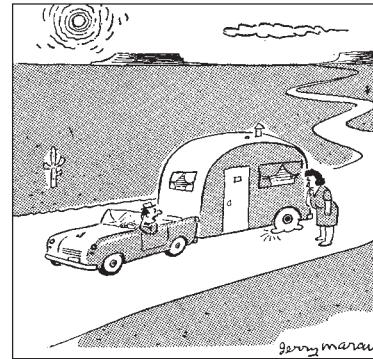
**SLEUTH**

Uniform

**QUALE**

Cavort

**PROM**



"Taking care of the \_\_\_\_\_ is your job!"

**TODAY'S WORD**

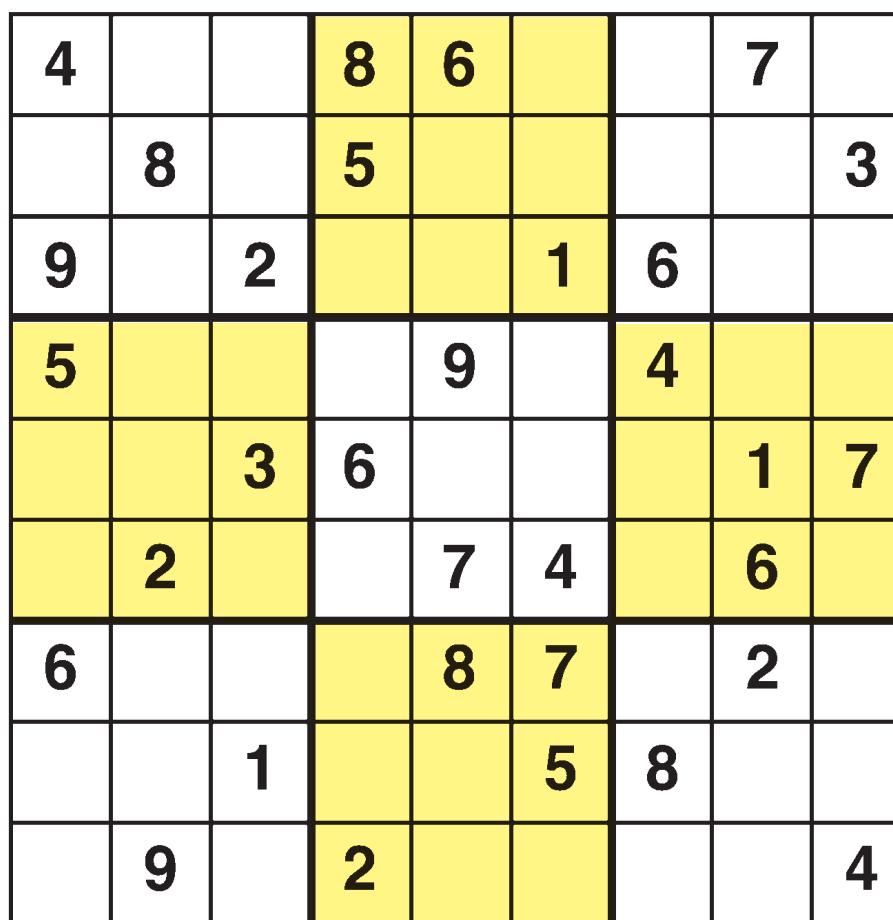
### HOCUS-FOCUS

BY  
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Fork is shorter. 2. Boots are different. 3. Hat is different. 4. Arm is showing. 5. Oven mitt is different. 6. Grill leg is removed.



### To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.)

There is no guessing and no math involved, just logic.

## PUZZLES

Answers on page 55

## Super Crossword

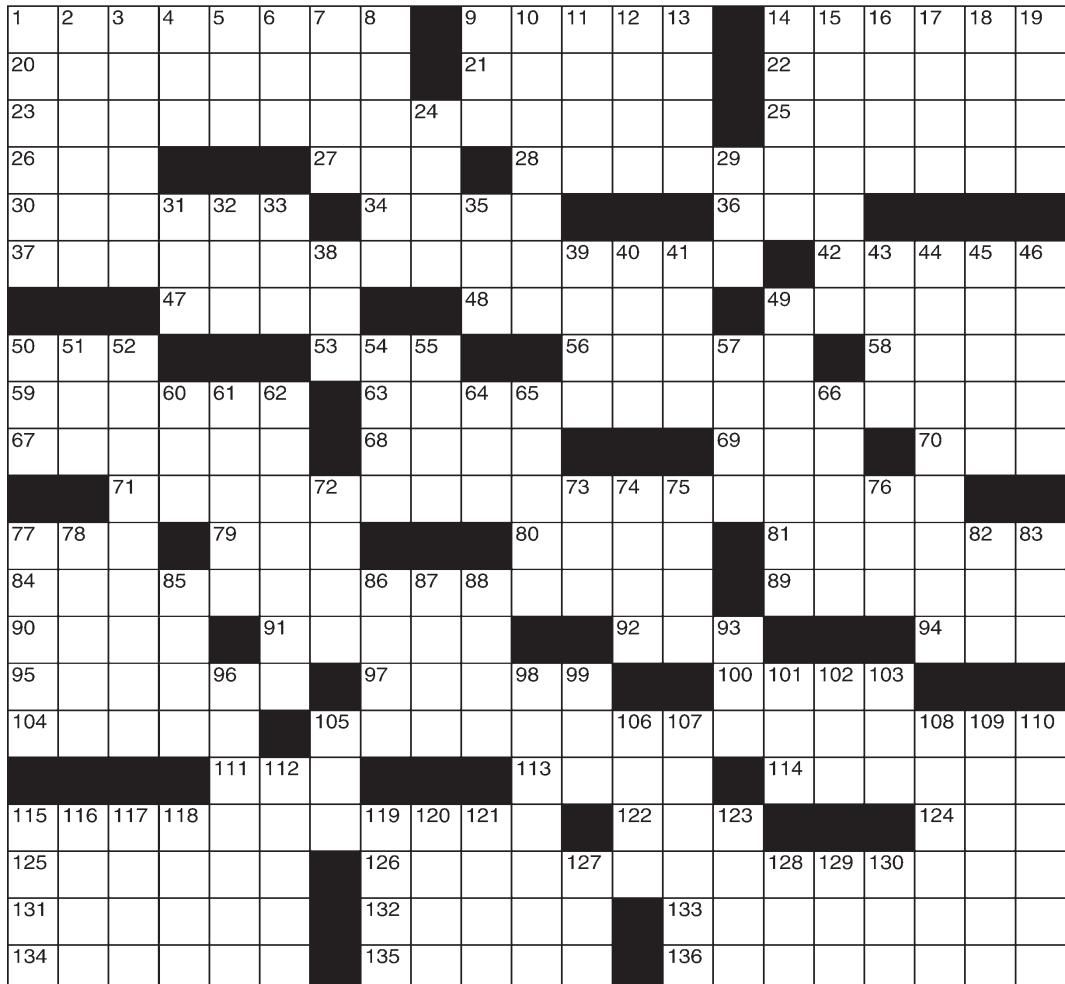
## BROODING SEASON

**ACROSS**

- 1 Examined by touching
- 9 Smart — (know-it-all)
- 14 Alphas' opposites
- 20 All across the region
- 21 Indian city on the Yamuna River
- 22 "Gil Blas" novelist Alain-René —
- 23 Blemish-resistant bar seat?
- 25 Male flower part
- 26 Earth lighter
- 27 Autumn chill
- 28 Sentry allowing nobody to nap?
- 30 Monet, say
- 34 Interstices
- 36 — roll (hot)
- 37 Shoulder-hugging, horn-honking driver?
- 42 Thin and supple
- 47 Duck cousin
- 48 Actress Messing
- 49 More plucky
- 50 Lt.'s inferior
- 53 "I see mice!"
- 56 Ear-related

**DOWN**

- 58 Indian city on the Yamuna River
- 59 Vehicle in a chase scene
- 63 Decorative pins worn by jockeys?
- 67 Yellow-and-black bird
- 68 16-Down, to Jacob
- 69 Flagged auto
- 70 Mao — -tung
- 71 Bit of pasta that's really hard to find?
- 75 Bodily pouch
- 79 Spanish for "that"
- 80 Big pet food brand
- 81 "Infinite" rapper
- 84 Have pain from bending forward too sharply?
- 88 Tire type
- 90 Tolkien terrorizers
- 91 Up — (stymied)
- 92 — Lanka
- 94 Butter holder
- 95 More hideous
- 97 — liver (meat product)
- 100 Harvestable
- 104 Work layoff, slangily
- 105 Dive to attack with perfect form?
- 111 Texter's "I think ..."
- 113 Neeson of "Darkman"
- 114 GMC pickup
- 115 Decide on Domino's for dinner?
- 122 Taylor of "Cleopatra," for short
- 124 Los Angeles' Playa — Rey
- 125 Regular practices
- 126 Botching an April 1 prank?
- 131 Crops up
- 132 Ickily sticky
- 133 Enlarge
- 134 Quick
- 135 In any way
- 136 Power-supplying socket
- 1 Volkswagen model
- 2 Maestro Toscanini
- 3 Simple shed
- 4 — gow
- 5 Grain beard
- 6 Up to, informally
- 7 Paradise
- 8 Blueprint
- 9 TV spots
- 10 "Show me"
- 11 College town in North Carolina
- 12 Toy train, when doubled
- 13 Quantity in a narc's bust
- 14 Former NFLer Merlin
- 15 Annual ritzy NYC fundraising event
- 16 Biblical birthright seller
- 17 Explorer Vasco da —
- 18 Antiquing aid
- 19 Ship off, say
- 24 Petty quarrel
- 29 Saldana of the screen
- 31 — so you!"
- 32 Hem, e.g.
- 33 Lilted syllable
- 35 Prof's deg.
- 38 United
- 39 Israel's Abba
- 40 Opiate, e.g.
- 41 Raiment
- 43 Apple option
- 44 Close, as a community
- 45 — to you!"
- 46 Rub out
- 49 Person rubbing it in
- 50 Prefix with warrior
- 51 And not
- 52 Final washer phase
- 54 Noted Deco master
- 55 Furry fruit
- 57 Rocket paths
- 60 Pigeon noise
- 61 Balm plants
- 62 Betelgeuse or Antares
- 64 Clangor
- 65 How balloons float
- 66 Trump replaced him
- 72 Thief's bagful
- 73 "Bali —"
- 74 Autos such as Gremlins and Pacers
- 75 Belgian river
- 76 Spain's El —
- 77 Teapot part
- 78 "I'm so frustrated!"
- 82 Water, to Gigi
- 83 Rangers' and Rays' gp.
- 85 Brunei locale
- 86 Mean whale
- 87 High point
- 88 One-named sports legend
- 93 Lyric penner Gershwin
- 96 Lived
- 98 Ball of mashed chickpeas
- 101 Electees, say
- 102 Greek letter
- 103 She baas
- 105 Swab
- 106 Film score
- 107 Iago's wife
- 108 Hard trial
- 109 Bully's threat ender
- 110 Warehouse platform
- 112 Hardly tidy
- 115 Cartoonist Addams
- 116 Celestial instrument
- 117 Off-Broadway prize
- 118 French river or department
- 119 TV actress Swenson
- 120 — suit (1940s duds)
- 121 Reverse alphabetical order
- 123 Bronze metal
- 127 Olive of "Popeye"
- 128 Lt.'s inferior
- 129 "Despicable Me" villain
- 130 Dewy, e.g.



## King Crossword

## ACROSS

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19			20	21			
					22				23			24
26	27	28						29				30
31								32				33
34								35				36
37								38				39
45	46							47	48			49
50								51				52
53								54				55

50 Help a crook

51 Hosp. sections

52 Author Sheehy

53 Striped fish

54 Perched

55 Deco artist

50 Rue the run

51 German conjunction

52 Lavish party

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**FRIDAY**  
Sunny  
High: 75 Low: 62



**SATURDAY**  
Sunny  
High: 77 Low: 66



**SUNDAY**  
Sunny  
High: 75 Low: 62



**MONDAY**  
Partly Cloudy  
High: 74 Low: 63



**TUESDAY**  
Partly Cloudy  
High: 75 Low: 62



**WEDNESDAY**  
Mostly Cloudy  
High: 76 Low: 64



**THURSDAY**  
Mostly Cloudy  
High: 75 Low: 62

**Redfish Pass Tides**

Day	High	Low	High	Low
Fri	1:05 pm	5:13 am	10:10 pm	3:25 pm
Sat	10:53 pm	6:08 am	None	None
Sun	11:44 pm	7:00 am	None	None
Mon	None	7:50 am	None	None
Tue	12:37 am	8:38 am	None	None
Wed	1:31 am	9:22 am	5:04 pm	7:36 pm
Thu	2:26 am	10:02 am	5:25 pm	9:00 pm

**Point Ybel Tides**

Day	High	Low	High	Low
Fri	12:10 pm	5:15 am	9:15 pm	3:27 pm
Sat	9:58 pm	6:10 am	None	None
Sun	10:49 pm	7:02 am	None	None
Mon	11:42 pm	7:52 am	None	None
Tue	None	8:40 am	None	None
Wed	12:36 am	9:24 am	4:09 pm	7:38 pm
Thu	1:31 am	10:04 am	4:30 pm	9:02 pm

**Punta Rassa Tides**

Day	High	Low	High	Low
Fri	11:49 am	5:03 am	10:10 pm	4:20 pm
Sat	12:37 pm	5:58 am	11:02 pm	5:07 pm
Sun	1:20 pm	6:50 am	11:51 pm	5:59 pm
Mon	2:09 pm	7:42 am	None	6:53 pm
Tue	12:36 am	8:31 am	3:03 pm	7:53 pm
Wed	1:25 am	9:16 am	3:53 pm	8:54 pm
Thu	2:32 am	9:58 am	4:37 pm	9:54 pm

**Cape Coral Bridge Tides**

Day	High	Low	High	Low
Fri	3:15 pm	8:29 am	None	6:41 pm
Sat	12:20 am	9:24 am	None	None
Sun	1:03 am	10:16 am	None	None
Mon	1:54 am	11:06 am	None	None
Tue	2:47 am	11:54 am	None	None
Wed	3:41 am	12:38 pm	7:14 pm	10:52 pm
Thu	4:36 am	1:18 pm	7:35 pm	None

## My Stars ★★★★

**FOR WEEK OF DECEMBER 27, 2021**

**Aries** (March 21 to April 19) With the new year's opportunities almost within reach, the Arian's courageous aspects are raring to go. And don't be surprised if a lot of people follow the zodiac's most trusted leader.

**Taurus** (April 20 to May 20) Change lies ahead for the brave Bovine who is ready to shuck off the tried and true to try something new. But appearances can be deceptive. Check it all out before you

charge into anything.

**Gemini** (May 21 to June 20) This week promises a peek into what the new year holds for the Gemini Twins, both in love and careers. Family matters continue to be a factor in decisions you're going to be facing.

**Cancer** (June 21 to July 22) As you move into the new year, your travel aspects grow stronger, and you might find yourself making decisions about a destination and a traveling companion sooner than you'd expected.

**Leo** (July 23 to August 22) The new year holds both glitter and gold. This

means Leos and Leonas should begin getting the facts they'll need to separate the real thing from the sham in order to make important decisions next year.

**Virgo** (August 23 to September 22) A good way to start the new year might be to arrange for a visit to someone you haven't seen in a long time. You also might want to pick up that project you put off a while back.

**Libra** (September 23 to October 22) As you contemplate the new year's potential, you might want to talk things over with people who are or have been where you want to go. Their experience

and advice can be helpful.

**Scorpio** (October 23 to November 21) Someone close to you might feel like you have no more room for him or her in your life. This calls for immediate reassurance of your love so you can start the new year on a high note.

**Sagittarius** (November 22 to December 21) The coming year will bring more people into your life. Some situations might not work out as well as others. But overall, everyone earns something, and that's always a good thing.

**Capricorn** (December 22 to January 19) *continued on page 54*

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From page 52

## My Stars

19) The new year could find you indulging in one or more of the hobbies you've always wanted to take up. And don't be surprised if they ultimately direct you toward a new career.

**Aquarius** (January 20 to February 18)

The artistic Aquarian should find more opportunities in the new year. You might even make some potentially helpful contacts as you gather to ring in the year 2022.

**Pisces** (February 19 to March 20) The new year offers challenges for Pisceans who want to make better use of the skills they now have and learn new ones. Personal relationships show stronger positive aspects.

**Born This Week:** Although at times you tend to be a bit judgmental, you are generous and caring and very much beloved.

**MOMENTS IN TIME**

- On January 9, 1493, Christopher Columbus, sailing near the Dominican Republic, sees three "mermaids" and describes them as "not half as beautiful as they are painted." They were in reality manatees. Mythical mermaids have existed in seafaring cultures since the time of the ancient Greeks.

- On January 6, 1759, a 26-year-old George Washington marries Martha Dandridge Custis. Historical documents have revealed that Martha may not have been the great love of his life. Washington wrote cryptic yet passionate love letters to Sally Fairfax, the wife of a friend.

- On January 4, 1847, Samuel Colt rescues his faltering gun company by winning a contract to provide the U.S. government with 1,000 of his .44 caliber revolvers. Though never cheap, by the early 1850s, Colt revolvers were inexpensive enough to be a favorite with Americans headed westward during the California

Gold Rush.

**NOW HERE'S A TIP**

- To prevent candle wax from sticking to a candleholder, swipe the inside with a little olive oil. It'll do the trick.

- Make your own gift wrap from everyday items like newspaper (think color comics) and children's drawings, which can be glued together along the edges. For a really unique wrapping, try inexpensive fabric.

- Cookies are so fun to make (and to eat). To save some of your favorites for the new year, simply place dough balls on a cookie sheet and freeze. Pop into a freezer-safe bag, and you can have freshly baked cookies pretty much anytime. – JoAnn

- "I have two carafes that I use for my breakfast bar. I keep coffee in one, and the other holds milk or cream. On holiday nights, I prep the cream carafe and put it in the fridge. In the morning, while the first pot of coffee is brewing, I fill the coffee carafe with hot water and let it sit until the coffee is ready. It keeps the coffee hot longer. Then guests can serve themselves some coffee while the next pot is brewing." – DA in Ohio

- "Wine: Nobody I know is wasting it. But if you're done before the bottle is, pour the leftover wine into ice-cube trays to save it. You can use it later in recipes or (my favorite) to chill a glass of wine!" – E in Florida

- A can opener's crevices can be cleaned by "opening" a length of waxed paper. Kitchen scissors can be sharpened by folding a piece of aluminum foil and cutting through it with the scissors.

**STRANGE BUT TRUE**

- The Greek playwright Aeschylus was killed in 455 BC when an eagle, mistaking his bald head for a rock, dropped a tortoise on it. According to Pliny, Aeschylus was spending a lot of time in the open to avoid

a prophecy that he would be killed by a falling object.

- Rats cannot vomit. Neither can horses.
- Soviet tenor Victor Ivanovich Nikitin had such an appealing voice that when he sang to his Soviet comrades during World War II, German troops on the Eastern Front ceased fire to listen.

- The human heart can squirt blood up to a distance of 30 feet.

- The American football huddle was invented in 1892 by Paul Hubbard, a quarterback from then all-deaf Gallaudet University, to stop the opposing team from reading their signs.

- A woman who was blinded in an accident developed multiple personalities – some of which could see.

- An average raindrop falls at a speed of roughly seven mph.

- When it comes to educating future billionaires, Harvard University holds the lead with an astonishing 29 billionaire alumni as of 2021.

- A town named Hell in Norway freezes over quite regularly.

- Do your lips get annoyingly dry in the winter? Better read the ingredients in that lip balm, as quite a few of them contain salicylic acid, which can exacerbate the problem and cause your lips to peel – necessitating even more lip balm.

- The first plant to flower and produce seeds in space was *Arabidopsis thaliana*, grown in 1982 by the crew of the Soviet Salyut 7 on the International Space Station.

- It is illegal to step on money in Thailand because you would be insulting the king by treading on his picture.

**THOUGHT FOR THE DAY**

"The only path wide enough for us all is love."  
– Kamand Kojouri

**TRIVIA TEST**

1. **Movies:** What is the name of the department store where Kris Kringle

works in the 1947 *Miracle on 34th Street*?

2. **Language:** What is the English equivalent of the Latin phrase, "Cui bono"?
3. **Television:** Why do the other reindeer tease Rudolph in the Christmas TV movie?
4. **Ad Slogans:** Which family restaurant advertises itself as a place "where a kid can be a kid"?
5. **Astronomy:** What is a sunspot?
6. **U.S. Presidents:** Which president was a classically trained pianist?
7. **Theater:** What musical features a group of women called The Schuyler Sisters?
8. **Food & Drink:** What is a smorgasbord?
9. **Geography:** In what body of water does the island of Barbados lie?
10. **Literature:** Which famous 19th-century novel begins with the line, "Christmas won't be Christmas without any presents."

**TRIVIA ANSWERS**

1. Macy's 2. Who benefits? 3. Rudolph has a shiny red nose. 4. Chuck E. Cheese 5. A cooler, darker area on the surface of the sun. 6. Richard Nixon, who also could play four other instruments. 7. Hamlet 8. A buffet with a variety of dishes 9. Cribbean Sea 10. Little Women, by Louisa May Alcott

**SCRAMBLERS ANSWER**

1. Earth 2. Hustle;  
3. Equal; 4. Romp

**Today's Word**  
**HOUSE**

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Sanibel Sole is seeking an additional sales associate to join our great team! We have expanded in the Tahitian Gardens plaza and offer a wide variety of clothing and footwear. We offer competitive wages, benefits, and perks. No evenings required.  
Please email a resume to  
sanibelsole@gmail.com.  
11/19 \* TFN

**HELP WANTED**

**ISLAND PRESCHOOL TEACHERS**  
The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid. Please call Nita at 239-472-4538.  
10/22 \* TFN

**PSA****AL-ATEEN HELP LINE**

Are you concerned with a friend or family member's drinking?  
Call the 24-hour help line of  
South Florida Al-Anon  
at 941-564-5098 or visit  
www.southflorida-al-anon.org.  
4/24 \* TFN

## PETS OF THE WEEK

Gumdrop ID#  
A900382

photos provided Monty ID# A891490

Lee County Domestic Animal Services

Gumdrop  
And Monty

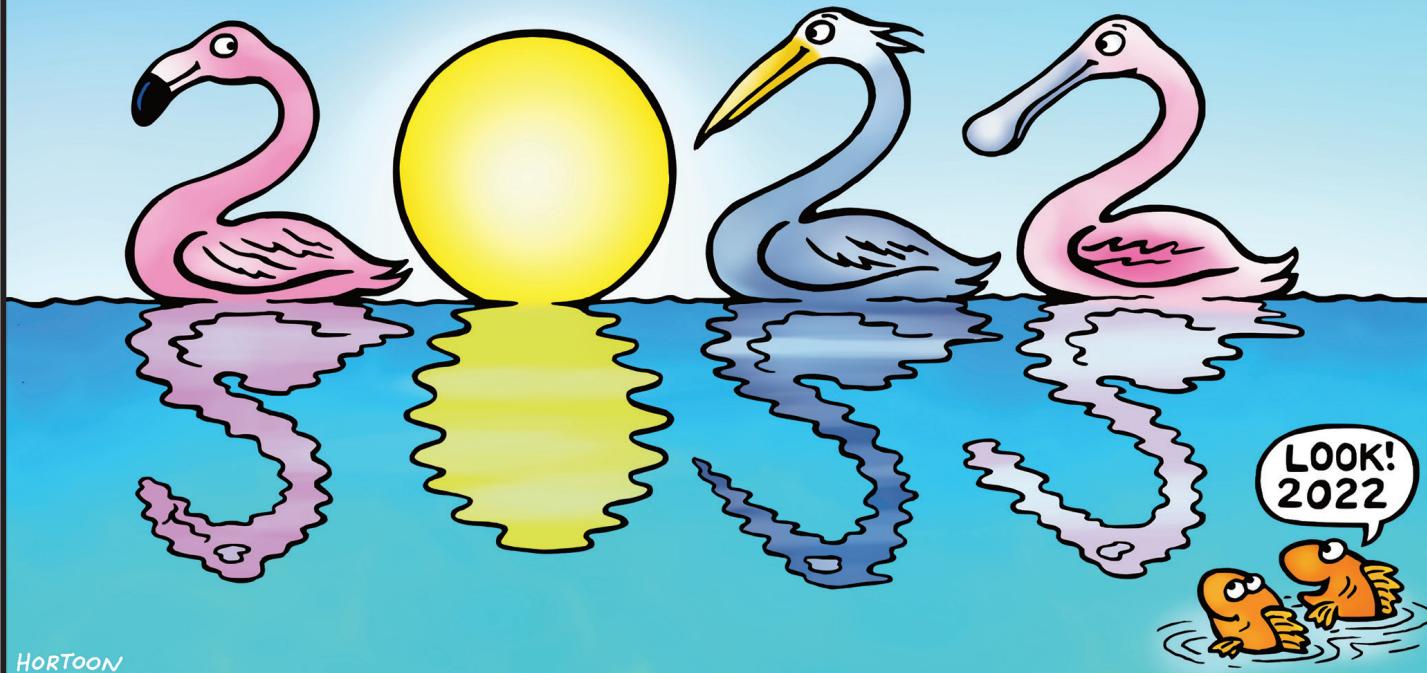
Gumdrop is a 3-year-old pit bull mix. She would be the sweetest addition to your family. Her adoption fee is \$25.

Monty is a 14-week-old domestic shorthair. He's a curious little guy who likes to check things out. His adoption fee is \$10.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit [www.leelostpets.com](http://leelostpets.com) to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.\*

## HORTOONS

## HAPPY NEW YEAR!



HORTOON

## PUZZLE ANSWERS

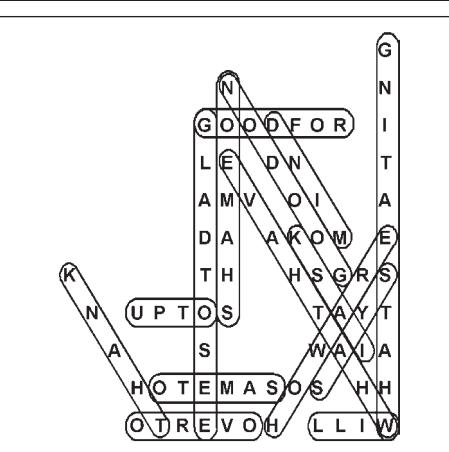
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STAINLESS	STOOL	STAMEN
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ARTIST	GAPS	ONA
TOOTER	ONTHEEDGE	LITHE
SWAN	DEBRA	GAMIER
ENS	EEK	AURAL AGRA
COPCAR	RIDING	BROOCHES
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NOODLE	INAHAY	STACK
SACESO	IAMS	EMINEM
PAYASTOOP	PRICE	RADIAL
ORCSATREE	SRI	TUB
UGLIER	CALFS	RIPE
THEAX	MAKEACLEANSWOOP	
IMO	LIAM	SIERRA
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HABITS	NOTFOOLING	WELL
ARISES	GOOEY	INCREASE
SPEEDY	ATAL	ACOUTLET

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ACHE	UND	FETE
SAO	MPG	HADES
TICKETS	STUB	
	ANNA	REFEE
FARO	KAY	REMO
ABET	ERS	GAIL
BASS	SAT	ERT E

## MAGIC MAZE



## SUDOKU

4	1	5	8	6	3	2	7	9
7	8	6	5	2	9	1	4	3
9	3	2	7	4	1	6	8	5
5	6	7	1	9	8	4	3	2
8	4	3	6	5	2	9	1	7
1	2	9	3	7	4	5	6	8
6	5	4	9	8	7	3	2	1
2	7	1	4	3	5	8	9	6
3	9	8	2	1	6	7	5	4

## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Seaspray Subdivision	Sanibel	1983	3,639	\$4,195,000	\$3,765,000	113
Cassina	Miromar Lakes	2018	3,880	\$3,700,000	\$3,634,000	24
Cases	Fort Myers Beach	1951	1,488	\$2,500,000	\$2,500,000	0
Trevi	Miromar Lakes	2020	3,222	\$2,500,000	\$2,500,000	7
Laguna Shores	Fort Myers Beach	1957	2,439	\$2,300,000	\$2,300,000	6
Mcphe Park	Fort Myers Beach	1952	1,144	\$2,300,000	\$2,300,000	67
Cape Coral	Cape Coral	2006	4,199	\$1,999,900	\$1,925,000	257
Chartwell	Estero	2003	4,093	\$1,699,000	\$1,700,000	51
Edgewater	Fort Myers	1995	3,799	\$1,599,000	\$1,600,000	31
Cape Coral	Cape Coral	2001	2,482	\$1,450,000	\$1,430,750	19

Courtesy of Royal Shell Real Estate



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